



The Bear Facts

February 2010

January 2010							February 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28						
31													

575 Beaumont Road • Devon, PA 19333
 Office: 610-240-1400
 HSA Website: www.beaumonthsa.org

District Hotline: 610-240-1970
 District Website: www.tesd.net

Mark Your Calendar!

- Feb. 12 Valentine's Parties
- Feb. 15-19 Art Goes to School
- Feb. 22-26 Book Fair
- Feb. 27 Father Daughter Dance

HSA Meeting Schedule

- Feb 17th @ 9:15 May 19th time TBA
- Mar 17th @ 9:15 June 9th @ 9:15
- Apr 21st @ 9:15

*all meetings are held in the large group room
 *HSA meeting minutes will be available, for you to view, in the HSA file folder in the main office, on the HSA website, and on the HSA bulletin board in the lobby.
 *For those of you who have volunteered, or are considering it, the district "Guidelines for Volunteers" will be in the HSA file folder in the main office.
 office for you to look at!
 *The district "Guidelines for Volunteers" will be in the HSA file folder in the main office for you to review.

Hello Beaumont Families,

Welcome back! I hope everyone had a good winter break. Our wonderful Beaumont volunteers have already been very busy since getting back to school.

We had a wonderful and successful Pizza Bingo! I think it was the first pizza bingo that I have ever attended where no one left in tears! It was truly awesome. I know I have said it before, but we have the best bunch of parents around. You guys all help out in any way you can. Thank you for all you do for our school.

The Father Daughter Dance is right around the corner in February, as well as the class parties. Look for more info to come in how to help out with these events.

Remember to check out the Beaumont HSA website (beaumonthsa.org). It is an easy way to get connected to what we are doing at Beaumont. Any flyer, order form or important information is on the website.

Thank you for being an important part of our Beaumont community.

Warmest Wishes,
 Sherri Gartner
 HSA President
 On behalf of our HSA Board

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NEXT BEAR FACTS: February 22 SUBMISSION DEADLINE: February 16
 SUBMISSIONS TO: bearfacts@beaumonthsa.org CONTACT: Kate McAllister, Editor

January 27, 2010

Dear Beaumont Families,

This is a very important reminder about school-related activities and events. For all family events at Beaumont (including Winterfest, Play Day, evening performances, Pizza Bingo, service projects) please be sure that your children have consistent parent or guardian supervision for after-school and evening activities.

It is expected when students attend after school or evening functions that parents or guardians are present at the activity and supervising their children. We often welcome siblings and this adds to the expectation that families are present with their children. It is also expected that students follow the school rules when present at school for events. This includes staying in designated areas, walking in the building, and following the directions of the activity.

During school events, children are never permitted in school areas beyond where the event is taking place. Rarely, if ever, are the students permitted in the second grade or fourth grade hallway areas or in the hallways near the science rooms. The second floor and second grade wing are often blocked off as custodians are completing their cleaning duties in the evenings. Children should not be left unattended in areas of the building without parent presence unless an activity has scheduled adult supervision (such as a large group movie or adult-facilitated stations).

The Beaumont staff members and the H.S.A. plan many fun activities for the children. Our first goal is to maintain the safety of the students at all times during activities. It is not permitted for parents to drop off children at school during H.S.A-sponsored events. If students are not following the school rules during events, an H.S.A. board member may need to contact the parents and participation privileges may be cancelled.

Thank you for your support and understanding. Please call if you have any questions.

Sincerely,

Stephanie Demming
Principal

Sherri Gartner
H.S.A. President

GUIDELINES FOR A TWO-HOUR DELAYED OPENING

In order to maintain a consistent interpretation, the following procedures have been established for operating the elementary schools on a two-hour delayed opening. Most of the guidelines pertain to the kindergarten program since that is the area most greatly affected by a two-hour delayed opening.

KINDERGARTEN PROCEDURES

AM kindergarten will be canceled on days when we have a delayed opening.

BREAKFAST

No breakfast is served on a day where there is a two-hour delayed opening.

PROCEDURES FOR THE REMAINDER OF CLASSES

All other classes will follow their revised two-hour delayed opening schedule. Special attention should be given to the scheduling of language arts and mathematics.

TE All Call

T/E School District's Emergency Phone Notification System



The T/E School District will use TE All-Call, an automated emergency phone notification system, to communicate emergency closings, late openings, early dismissals and any unscheduled closing or emergency situation that may happen during the school day. Please notify the school's main office as soon as possible if your contact numbers change at any point during the school year. For families new to the T/E School District, here are some frequently asked questions and answers about TE All-Call:

1. Can I opt out of receiving early morning school closing calls but still receive other types of TE All-Call emergency messages?

No. If parents request to have all phone numbers removed from the TE All-Call system then they will not receive any type of phone calls from TE All-Call, including emergency messages sent from the system during the school day. Weather-related emergency closing information will continue to be recorded on the TE Information Hotline (610-240-1970) and broadcast on local TV networks.

Parents who are concerned about receiving early morning calls on inclement weather school closing days may want to consider changing their numbers on file to cell phone or work numbers. While the system can call up to three numbers per student, parents are not required to have three numbers on file. Some parents have stated that they plan to turn cell phones off or turn home phone ringers down on snow days if they do not want to receive the early morning call.

2. How many phone numbers per student can be called?

Three.

3. Will the system call all of the numbers on file?

Yes. All three numbers on file will be called even if the first call is answered. The system will leave a voicemail or answering machine message if no one answers the phone. If you use the same phone numbers for more than one child, duplicate numbers will only be called once.

4. What should I do if my work number has an extension?

The system can only accept direct phone numbers. Consider using a cell phone number or other direct phone number in place of a number with an extension.

5. How can I ensure that I receive a call?

TE All-Call is provided through SchoolMessenger, a company recognized for providing superior phone notification solutions. In order to ensure that you receive a call, it is essential that we have accurate phone number information on file. Please notify your school office if any of your contact numbers change.

6. Does TE All-Call send email or text messages?

Not at this time. If you would like to receive email updates with information on school district announcements, activities, events and meetings, please join our email notification program by sending your email address to notification1@tesd.net or by visiting the T/E School District web site at www.tesd.net.



BEAUMONT GRADE LEVEL NEWS

JANUARY 2010

Kindergarten



January was a special time in Kindergarten. We kicked off our night-time literature theme, which carried over into many curricular areas, and we also celebrated the magic of winter with snowmen!

Our literature choices for the month focused on sleep-overs, dreams, and other night-time adventures. The children could easily relate to the story characters as they experienced the nervousness and un-easy feelings of a first-time sleepover, talked about dreams, and enjoyed the wonders that come from exploring the night.



Towards the middle of the month, we designed our very own "Dream Pillows." We all created a drawing of our very favorite dream and then, with the help of our volunteer moms, we ironed the drawing onto a pillowcase to keep forever! As a special culminating event at the end of the month, we had a Jammie Party! Everyone came to school dressed in their jammies and we enjoyed hearing bedtime stories; we made a dream puzzle; and we ate donuts and drank hot chocolate as a bed-time snack.

In science, we also learned about how day and night affect our world. In so doing, we learned about nocturnal and diurnal animals and their differences.

The frosty weather throughout the month also lent itself nicely to all of the activities we did with snowmen. Both classes read lots of whimsical snowman stories and created unique and adorable snowmen to hang in the hall.

Even though January is still far from spring kindergarten was able to keep warm and toasty with all our fun activities!

First Grade

Greetings from first grade! Shortly we will begin our second rotation in social studies. During the first rotation, the children spent two social studies sessions with each first grade teacher in turn. With each teacher, the children learned about a different aspect of Japanese life and culture. These topics included: the legend of the Wise Man and the Warrior, Mt. Fuji, the Japanese flag, and cherry blossoms. Next, we will focus on Japanese food, origami, and traditional and contemporary Japanese clothing. Additionally, we are reading Japanese folktales and learning to write Haikus in language arts.



Second Grade

Second grade students are in the middle of their China unit. One of the activities that the children participate in is to rotate among the second grade teachers who teach the same lesson to all of the students. The lessons are calligraphy, making lanterns, tangrams, zodiac and the Great Wall. As you walk in the hallways be sure to make your way down to second grade to see the wonderful displays from our lessons.

The children continue to show growth in their reading, writing and math. We are very proud of them!

I hear, and I forget. I see, and I remember. I do, and I understand.
-- Chinese Proverb

Third Grade

Happy New Year! We wish everyone and their families a happy, healthy and prosperous 2010!!!!

Third grade has begun our study of Pennsylvania. What an exciting unit!!!! Some topics that we will be learning about are: Pennsylvania's surrounding states, rivers, resources, climate, population, regions, and state symbols. We will take a Pennsylvania test sometime in late February.



In science, we have begun our unit titled *Land and Water*. In this unit, third graders will discover how moving water changes the land of our earth. We will be seeing the water cycle at work and will learn about dams and their uses.

Fourth Grade

Happy New Year! We hope everyone enjoyed a nice winter break and has stayed warm during these very cold days. The 4th grade kicked the New Year off by discussing New Year's Resolutions and goals for 2010. In Social Studies we are studying the American Revolution and even got to experience, "A Day in the Life of a Continental Soldier," an in-school program brought to us by Valley Forge National Park. The students learned about medicine, clothing, chores, soldier songs and rations, officer responsibilities, toys, and how to march. It was a fun day for all of us. We continue to learn about motion, gravity, force, and Newton's Laws in Science. Please remember to turn in your child's permission slip for Family Life as this will begin the first week of February. Also, looking ahead to February, we will be introducing PAL with our annual PAL Kick-Off assembly on Friday, February 26th from 1:45-2:30 in the Cafeteria. All parents are welcome to attend.

ATTENTION PARENTS!

The Tredyffrin/Easttown School District will be facing a \$9.25 million dollar shortfall for the 2010-2011 school year.

It is important for all parents and residents of T/E to stay informed of the upcoming changes that may occur as a result. These changes will affect all of us!

Please consider attending the following meetings. The School Board is actively asking for **your** input.

Finance Committee Meeting February 8, 2010
7:30 pm Room 200 TEAO

Education Committee Meeting February 9, 2010
12 noon Room 200 TEAO

School Board Meeting February 22, 2010
7:30 pm CHS cafeteria

For more information please visit www.tesd.net

School Board Meetings can be watched on t.v. Including the January 25 meeting.

*Local Access Comcast Cable Channel 14
Local Access Verizon Cable Channel 20*

Daily at 9pm and Tuesday, Thursday and Saturday at 10 am.



School Board Update



Summaries of School Board Committee Meetings for **January 2010**

Visit www.tesd.net and click on 'School Board' for meeting dates, agendas and minutes.

Education Committee, Chair: Karen Cruickshank

Prepared by: Committee Liaison
Reviewed by: Committee Chair

At the January 12th T/E School Board Education Committee meeting, the administration set forth recommendations to changes to the 7th and 8th grade program. The presentation was part of a District curriculum study to review the degree to which program offerings continue to meet the needs of students. Factors prompting this study include emerging technologies, demands for new skills and increased federal and state graduation requirements such as Keystone Exams. The recommendations specifically addressed the 7th and 8th grade program and include using a non-teamed based scheduling, the addition of a daily advisory period, a redesign of the special areas courses and the continued study of leveling in selected courses in addition to math. The 5th and 6th grade instructional programming will remain unchanged for 2010-2011. For more information on the changes to the 7th and 8th grade program, visit the Curriculum Study section of the TESD web site at www.tesd.net.

The Education Committee also reviewed extended learning opportunities available to Conestoga High School students. These opportunities include courses that earn both high school and college credit, expanded on-line coursework, additional options for independent study and service learning, and programs that enable field work in the health professions and education.. These extended learning opportunities which have been available to Conestoga students for some time will hold a more prominent place in the course selection process set to begin in the upcoming second semester.

Facilities Committee, Chair: Pete Motel

Prepared by: Business Office

The Facilities Committee met on January 8th. The Committee discussed the status of the 2009 projects. All of the projects are either in the punch list or closeout phase. The Committee approved two change orders for the 2009 roofing projects. The administration proposed postponing the installation of the boiler at Conestoga High School from

this year to the summer of 2011 so that the installation can be completed during the summer months when the fumes from welding will not interfere with classes. The Committee agreed to the change.

The Committee heard a presentation from representatives from the New Eagle Elementary School (NEES) PTO on the installation of an outdoor classroom. If the PTO is able to secure all of the proper Township approvals the Committee will be happy to accept the gift of an outdoor classroom. The PTO will need to apply for a variance for impervious ground cover since the NEES site is already over the limit for impervious cover.

The administration led a discussion concerning the disposition of the ESC building and reported on the relocation of the groups currently occupying the building. The estimated cost to complete the ESC demolition is \$835,000.

District architects presented plans and potential costs to construct two classrooms, one in NEES and the other in Devon Elementary School.

The Committee also heard updates on the Tredyffrin Township sidewalk project and the Hillside Elementary School green roof project. The sidewalk project is slated to begin this spring and the green roof project will be discussed at the next Facilities Committee meeting.

Finance Committee, Chair: Kevin Mahoney

Prepared by: Business Office
Reviewed by: Committee Chair

On January 4th, the T/E School Board Finance Committee met to discuss the 2010-2011 budget. For the upcoming academic year, which is effective July 1, 2010, the District is facing a \$9.25 million shortfall. The main driver behind this shortfall is a \$5 million increase in employee fringe benefits primarily due to a 28% rate increase from Blue Cross for health benefits and an increase in our District contribution to the state retirement system. The Committee recommended making the proposed preliminary budget available for public inspection to satisfy the 20 day display requirement. The Board will then discuss and vote on the preliminary budget on January 25, 2010. When the full Board votes on January

25th, it will not be voting on a final tax rate. "The School Board will vote to take one of three actions. 1) pass a resolution to certify that the 2010-2011 tax rate will be at or below the Act 1 index of 2.9%; or 2), apply for exceptions to the Act 1 index which will allow the District to raise taxes above the index without voter referendum, or 3), authorize the administration to begin the process of seeking a voter referendum in May to increase taxes above the 2.9% state index," stated Arthur J. McDonnell, Business Manager. "The adoption of a final budget will occur in June 2010," continued McDonnell.

The Finance Committee continues to discuss ways to further reduce expenses and identify different revenue opportunities. Kevin Mahoney, chair of the Finance Committee, directed the administration to make a list of proposed cost reductions that would require no tax increase. He also requested that the impact of each proposed spending cut on the educational program be included so the Board can make a completely informed decision. These proposed strategies will be reviewed at the February 8, 2010 Finance Committee meeting as well as at upcoming Education Committee meetings.

For more information on the budget development process, visit the T/E School District web site at www.tesd.net.

Policy Committee, Chair: Betsy Fadem

Prepared by: Committee Chair

At the January Policy Committee meeting, committee chairperson Betsy Fadem introduced the 2010 members of the committee: Pete Motel, Kevin Buraks and Richard Brake. The Committee reviewed the revisions to several policies from the 9000 section of the Policy Manual. The following policies were recommended to the full board for approval: Policy 9310: Regular Monthly Meetings, Policy 9311: Order of Business, and Policy 9312: Parliamentary Procedure. The Committee then reviewed Regulation 9331: Review of School Board Policies, and recommended the revised regulation be presented to the full Board for adoption.

As the Policy Committee wrapped up their review of the 5000 section of the Policy Manual, several policies were discussed. These included Policy 5228: Awarding of Diploma to Eligible War Veterans, Policy 5400: Students' Freedom of Expression, Policy 5414: Electronic Devices: Use by Students, Policy 5420: Unlawful Harassment of and by Students and Policy 5422: Student Accident and Injuries, Treatment and Reporting. All policies were recommended to for action by the full Board at the next monthly meeting.

Additionally, the Committee recommended revisions to Policy 1310: School Visitors and that too will be on the agenda for full Board approval at the January Board Meeting.

The final portion of the Policy Committee included further review and discussion on proposed Policy 6164: U.S Presidential Requests to Address T/E Students. This policy will be included on the February Policy Committee agenda. The Committee began a review of Policy 5116: Nonresident Students. The Committee will continue to discuss this policy at its next meeting.

Public Information Committee, Chair: Debbie Bookstaber

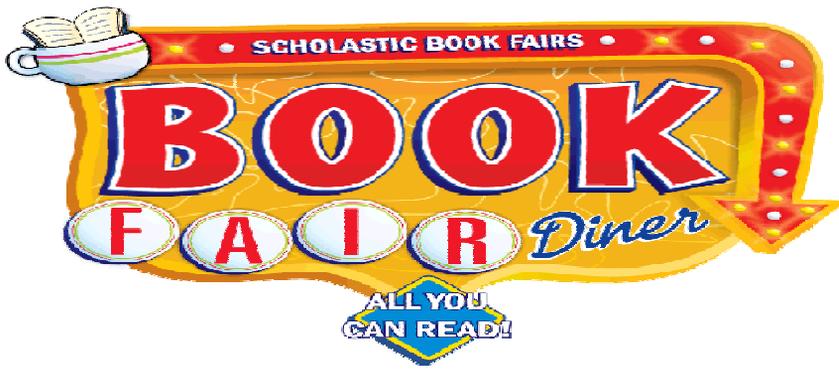
Prepared by: Public Information Office

The Public Information Committee met on January 5th, 2010. The Committee reviewed and discussed a summary of the open records request log. The administration also presented a summary of all open records requests received for 2009. The total number of records requested for the year 2009 was 50. Fourteen requests were from T/E residents. The Committee will receive updates on the open records request log periodically throughout the year. The administration will monitor open records requests to help determine what information is of interest and of value to the general community and therefore should be posted on the District web site.

The administration presented a summary of budget information from the January 4, 2010 Finance Committee meeting. As part of the District's budget communication plan, the administration will distribute a press release summarizing the Finance Committee meeting. The press release will also be posted on the T/E School District web site and sent in the weekly email notification message. The Committee also agreed to include a budget update letter in the winter T/E Insight mailing that will take place in early February. In addition, the Committee reviewed the plan to provide a budget update as part of the priority discussion at the January 25th regular School Board meeting.

The Committee recommended that the District deliver school newsletters digitally beginning in September 2010. Paper copies of newsletters will be sent home by request and will also be available in the school office. It was noted that four of the District's eight schools already delivery their school newsletters to parents digitally.

Finally, the winter T/E Board Talk program will feature segments on the budget, the curriculum study with a focus on the 7th and 8th grade middle school program, and an introduction of new Board members.



DATE: FEB 22ND – FEB 26TH

TIME: 8:00 AM—4:00 PM

PLACE: THE LARGE GROUP ROOM

★ SPECIAL EVENTS ★

SPECIAL SOMEONE BREAKFAST

TUE FEB 23RD 7:30-9:00 AM

BRING A GRANDPARENT, PARENT, OR SPECIAL FAMILY MEMBER TO ENJOY BREAKFAST WHILE VISITING THE BOOK FAIR.

FAMILY NIGHT

THU FEB 25TH 5:00—8:00 PM

ENJOY HOT DOGS AND ICE CREAM WHILE LISTENING TO SPECIAL STORIES.

BEAUMONT BOOK FAIR FEB 22ND - 26TH VOLUNTEER SIGN UP

The Book Fair could not be accomplished without our dedicated volunteers!!!

Please review the following chart which shows when the classes will be visiting the book fair and how many volunteers are needed for a particular time slot (2@8-9am means 2 volunteers from 8-9). Please only volunteer if you are able to stay for the duration of the time slot. We will hold a lottery if we have more volunteers for a slot than are necessary.

We are also in need of breakfast items for the Special Someone Breakfast on Tue Feb 23rd.

To volunteer e-mail Deb Castle at dcastle1358@comcast.net or call 610-240-8842 by Feb 12th.

You are always welcome to visit the book fair with your child's class.

Thank you!!!

Time:	Fri Feb 19	Mon Feb 22	Tues Feb 23	Wed Feb 24	Thurs Feb 25	Fri Feb 26
	Class Visit # Volunteers	Class Visit #Volunteers				
7:30			Breakfast			
8:00		2 @ 8-9am	Breakfast			
8:30			Breakfast	2@8-9am		
9:00	Set up	Joers	Kowalksi	Jackson		Jackson
9:00	Set up	Simmmington	Joers	Parrack		
9:30	Set up	Alfano	Simmmington	Cardarelli		
9:30	Set up	Parrack	Cardarelli	Lambert	Lambert	
10:00	Set up	Massino	Massino			
10:00	Set up	Kowalski	Ricci			
10:30	Set up	Senior	Schultz			
10:30	Set up	Parrotta				
11:00	Set up	Meyer				
11:00						
11:30	Teacher					
12:00						
12:30	Preview	Kearns	Baker	Kearns	Baker	
1:00		Massino	Massino			
1:00		Fry		Fry		
1:30	Teacher	Alfano				
2:00						
2:30	Preview	Pennewill	Potter	Meyer	Potter	
2:30			McDonough	Pennewill	McDonough	
3:00						
3:30						
4:00						
4:30						
5:00					Family Fun	
6:00					Family Fun	
6:30					Family Fun	
7:00					Family Fun	
8:00					Family Fun	

PLEASE JOIN US IN MAKING THIS YEAR'S
FATHER-DAUGHTER DANCE
A GREAT SUCCESS BY
VOLUNTEERING TO HELP!

*We need volunteers for several areas. If you can help,
please fill out the slip below and return it in your child's
backpack OR email laurasedor@comcast.net OR call
610.408.9063.*



Thank You,

Laura Sedor and Marla Fialko

YES, I CAN HELP with the
Father-Daughter Dance! (February 27, 2010; 7-9:30PM)

NAME: _____

PHONE&EMAIL: _____

Please circle your area of interest:

Decorating, Name Tags, Greeters/Sign-In, Event Set-Up,
Event Clean-up, Party Favors, Music/DJ, Baker,
Food/Beverage Stations, Photographs, Fundraising/Raffle,
Corsage Sale, General Event Worker, Other _____

SAVE THE DATE!!

FOR THE FATHER-DAUGHTER DANCE

"Winter Wonderland"



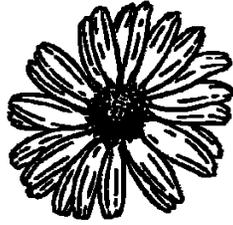
SATURDAY, FEBRUARY 27, 2010*
7:00-9:30 PM
BEAUMONT ELEMENTARY SCHOOL

Invitations will be sent out late January 2010
Bring your special date – Father, Uncle, Grandfather, Big Brother, etc.
Dress Fun and Fancy

NEW THIS YEAR...CORSAGE SALE
Look for order details in this issue of Bear Facts
ACT NOW!
Quantities and colors limited!

*Please note that the T/E school calendar has this event scheduled for
2/20. We have changed the date to 2/27.

**SAVE MONEY!
SAVE TIME!
A KEEPSAKE TO REMEMBER!**



**ORDER YOUR
FATHER-DAUGHTER DANCE
CORSAGE NOW!**

(silk gerbera daisy wrist corsage with bow and rhinestone accent)

\$5

**COLORS AND QUANTITIES ARE LIMITED!!
ACT QUICKLY!!**

*ORDERS DUE 2/19- return order form and payment to school in envelope marked "Corsage"
Corsages will be available for pickup at school 2/25 and 2/26 or at the dance*

Questions to: LauraSedor@comcast.net, 610.408.9063 or MFialko@msn.com, 610.644.6833

YES, order me a silk gerbera daisy wrist corsage(s) for
the Father-Daughter Dance

Daughter's Name: _____

Light Pink qty ____ Cream White qty _____

TOTAL enclosed \$ _____ (\$5 each)

All Proceeds to Benefit Beaumont HSA. Checks Payable to Beaumont HSA.

The Children's Dental Clinic Annual Yankee Candle Fundraiser

The Annual Children's Dental Clinic Yankee Candle Fundraiser will be starting soon! Your support is very important to us since this is our only fundraiser.

The Children's Dental Clinic is a non-profit community clinic housed in the T/E Middle School. We are open solely to benefit the children of the T/E and Great Valley School Districts. Our clinic is a one room, one chair office staffed by a paid professional dentist and a nominally paid supervisor. Volunteers serve as dental assistants, drivers, board members, and school representatives. This is truly a rare and wonderful community service.

Please look for the Yankee Candle catalogue in your child's backpack at the beginning of March. You will receive only one catalogue per family. The Yankee Candle products will be delivered prior to Mother's Day.

This was a very successful program last year to raise funds and we hope that you will support us once again. If you do not wish to purchase from Yankee Candle, but would like to make a donation, feel free to send us a check made payable to The Children's Dental Clinic.

If you have any questions, please contact
Connie Egan, connieegan@yahoo.com, 610-644-1130 or
Maureen Sloan, maureen.nick@us.ibm.com, 610-725-9877.

Thank you in advance for your support!

ART GOES TO SCHOOL RETURNS TO BEAUMONT!
February 15-19, 2010

Art Goes to School is an art appreciation program especially designed for young children. Our primary purpose is to instill an interest and delight in art, in all of its forms and styles and from all historical periods. The AGTS volunteers help children discover for themselves an enjoyment and understanding of art, not by lecturing, but by becoming "Art Detectives" who will uncover a whole new way of looking at and appreciating art. We will be playing games that involve poems, a scavenger hunt, and fun facts trivia. The 2010 portfolio includes one of the very first oil paintings by Jan van Eyck, a print from Currier and Ives, and an American landscape by Grant Wood. Some of the other artists we will be discussing this year include Mary Cassatt, Caravaggio, and Vincent van Gogh. The children will also be engaged in conversations about still lifes, photography, Impressionism, and Cubism...just to name a few! Ask your children questions and find out about their favorite work of art!

B.U.I.L.D.

(Better Understanding of Individuals with Learning Differences), Tredyffrin-Easttown School District

Invites parents, family members and educators to:



Navigating the Evaluation Process:

Why, What, How, By Who, Cost?

Eve Prensky, MA, Ed.D., psychologist at the Center for Psychological Services (CPS), and Director of its affiliate Center for Educational Services (CES) will discuss: why evaluate – for learning, attention, behavior? What kind of evaluation to obtain? What should it include? How much is enough? Differences between school-based and private evaluations, integrating information from evaluations to guide educational planning.....

Dr. Prensky is a licensed psychologist and certified reading specialist who has a wealth of experience as a school psychologist, and teacher of English and reading. CPS staff, practicing in Paoli and Ardmore, conduct psychoeducational evaluations with students from 4-18 years of age. CES provides tutoring, coaching, test preparation and training in self-advocacy.

7:00 p.m., THURSDAY FEBRUARY 25, 2010
VALLEY FORGE MIDDLE SCHOOL (Audion)
105 West Walker Road, Wayne

RSVP by February 22nd to: Wendy Brooks:
wenobrooks@aol.com, Michele Lynch:
rlynch610@verizon.net
or Susan Peterman: shpeterman@yahoo.com



Health and Fitness News

From the T/E Elementary Physical Education Department



Enjoy some Cold-Weather Sports!

Skiing, snowboarding, ice-skating, and snowshoeing are just a few sports that everyone in your family can try.

Skiing. Alpine (downhill) skiing is an easy sport to try, but novice skiers should take a lesson first and get instructions on staying safe. Many ski resorts have reasonably priced lessons for first-timers. A competent instructor can show kids the proper techniques while also ensuring they start on a hill that's appropriate for their skill level.

Cross-country skiing. For cross-country skiing, long, thin skis are used. This type of skiing uses a binding system that holds the ski boot to the ski by the boot's toe. This lets the heel move up and down naturally, enabling skiers to travel long distances and climb hills. It's a great cardiovascular workout and a wonderful way to enjoy the outdoors. Virtually any flat or near-flat snowy surface works.

Snowboarding. Snowboarding is also popular. Kids especially love this type of snow "surfing," and many resorts offer the equipment for rental along with traditional skis. Snowboarding uses different techniques than downhill skiing, so your family should take a few lessons first. If you've been on a surfboard in water, you'll find the snowboarding style familiar.

Ice-skating. You may remember struggling with weak ankle support when ice-skating as a child, but great improvements in skate design have improved the skating experience. Take your family out to the rink for an afternoon or evening of ice-skating. Many rinks rent molded fiberglass skates that have more ankle support and warmth than figure skates.

Staying Safe

As with all sports, it's important to take the proper precautions to stay [safe](#). Helmets are a must when kids are skiing, snowboarding, and snowmobiling. Knee pads, wrist guards, and shin guards are also items they should wear during winter sports. Even a low-speed spill can be damaging to delicate [bones](#) and joints.

To avoid hypothermia and [frostbite](#), be sure that your family is well protected against the cold. Layers work best: begin with an undergarment of a synthetic fiber that will wick away perspiration. A light shirt or turtleneck can go over that, followed by a sweater or fleece for warmth. Kids can always remove or add layers if needed. Don't forget a hat, gloves, and sunglasses.

And apply use sunscreen — snow functions as a reflecting agent and can intensify the [sun's rays](#) on skin, so kids can get a sunburn even during winter.

Healthy reciPE of the month

FROZEN YOGURT POPS

Ingredients:

- 1 8-ounce container of your favorite flavor of yogurt
- popsicle sticks
- small paper cups
- plastic wrap

Directions:

1. Pour yogurt into paper cups. Fill them almost to the top.
2. Stretch a small piece of plastic wrap across the top of each cup.
3. Using a popsicle stick, poke a hole in the plastic wrap. Stand the stick straight up in the center of the cup.
4. Put the cups in the freezer until the yogurt is frozen solid.
5. Remove the plastic wrap, peel away the paper cup, and eat your pop!

Resources

www.kidshealth.org

www.keepkidshealthy.com

www.active.com

www.americanheart.org



Live Healthy...Live Fit...LiveSmart!

LiveSmart Fitness For Girls Ages 9-13

at The Episcopal Academy

LiveSmart Fitness provides fitness instruction and games, plus Workshops on Nutrition and Healthy Lifestyle Choices so that your daughter will be more energetic, confident and strong!

The goal of the LiveSmart Fitness program is to be healthy and fit by moving, exercising and learning how to fuel the body.

At LiveSmart Fitness, your daughter will:

- Be instructed in age appropriate fitness activities that get her active and moving
- Learn both cardiovascular and strength activities in a safe and effective manner
- Learn how to fuel her body so she can stay alert and healthy in Nutrition Workshops led by nutritionists and registered dietitians
- Learn about her strengths, and how to make confident choices in Healthy Lifestyle Workshops led by trained professionals
- Have fun while gaining confidence, increasing fitness levels, and spending time with her friends

2010 Program Dates:

Sat, January 23

Sat, January 30

Sat, February 6

Sat, February 13

Time:

9:30 – 11:00 am

Program Fee:

1 session: \$30

**Additional sessions:
\$25/each**

**Full 4 Session Program:
\$100**

Location:

The Episcopal Academy

Dixon Athletic Center

1785 Bishop White Drive
Newtown Square, PA 19073

Register:

Mail registration form below to:

40 W. Turnbull Avenue
Havertown, PA 19083

Make checks payable to
LiveSmart Fitness

Or register online!

www.LiveSmartFitness.com

Registration Form

Participant Name: _____

Address: _____ City, ST, Zip _____

Parent/Guardian Name: _____ Phone #: _____

Email Address for Program Communication: _____

Sessions Attending (circle) 1/23 1/30 2/6 2/13 Amount Enclosed: _____

Credit Card: Master Card Visa Card #: _____ Exp. (mm/yy) _____

Authorized Signature: _____

I hereby authorize the staff of *LiveSmart Fitness* to act for me according to their best judgment in any emergency requiring medical attention and I hereby waive and release *LiveSmart Fitness* from any and all liability for any injuries or illness incurred while participating in the program. I have no knowledge of any physical impairment that would be affected by the above-named student's participation in the program, as outlined in the brochure.

Parent/Guardian Signature: _____

www.LiveSmartFitness.com

Beth@LiveSmartFitness.com

'Stoga Music Theatre presents...

Into the Woods

Music & Lyrics by Stephen Sondheim.

Conestoga High School Hobson C. Wagner Auditorium

March 2 – 10:00 AM & 7:30 PM

March 3 – 7:30 PM

March 5 – 7:30 PM

March 6 – 2:00 PM & 7:30 PM

Musical Director/Producer Suzanne Dickinger and Director Megan Nicole O'Brien are excited to present the Tony Award winning musical *Into the Woods* by Stephen Sondheim. An ambivalent Cinderella? A blood-thirsty Little Red Ridinghood? A Prince Charming with a roving eye? A Witch...who raps? They're all among the cockeyed characters that will come to life as you enjoy the talents of the all-student cast, crew and pit-orchestra. This outrageous musical comedy of fractured fairytales begins as a lively irreverent fantasy and becomes a moving lesson about community responsibility and the stories we tell our children. Although *Into the Woods* has familiar storybook characters, the mature humor may be inappropriate for very young children.

All Seats Reserved - \$12 Premium Seats, \$10 Standard Seats

Special Discount Tickets - \$9 Standard Seats only for Students (Age 19 & under), Seniors (62+) & TESD Staff

To purchase **TICKETS** & for information visit

www.stogamusic.com

610-240-1022

More & Moore Fun Presents Kids Night Out



nrtech.com

Kids Night Out

Boys and Girls in grades K- 5th
6:30-9:00pm
(Drop off 6:30-7:00pm
Pick up 9:00- 9:30pm)
\$15.00 per child

Date:

January 30, 2010

Activities Include:

Basketball
Kickball
Jump Rope
Hula Hoop
Tag and Many More

Location: Tredyffrin/ Easttown Middle School 801 Conestoga Rd Berwyn Pa 19312

Kids Play in a safe and secure environment for 3 hours while you enjoy a terrific night out on the town.

A Night where BOREDOM is not an Option

Register Today!!!!!!!!!!!!Register Today!!!!!!!!!!!!

Walk- in's accepted!!!!!!!!Walk-in's are accepted!!!!!!!!Walk- in's accepted!!!!!!!!

Register today by

sending in the completed form below with payment to **More&MooreFun @ PO Box 381 Swarthmore Pa, 19081-381**. Please make all checks or money orders payable to Durell Moore.

Come Out and have FUN!!!!!!!!!!!!!!!!!!!!

For more information please contact Durell Moore at (610) 505-0643 or MoreMooreFun@yahoo.com

-----Cut Here-----

Child's Name: _____ Age: _____ Gender: _____

Parents Name: _____ Contact Number: _____

Email: _____ Number of Children: _____

Cost: \$15.00 Per Child

Total Fee: _____

Please make all Checks or Money Orders Payable to Durell Moore:

What are your kids doing this summer?



Our 23rd
Year!

Representatives from approximately 100 day and overnight camps will be available to answer questions and discuss their programs in detail.

Whether you are looking for a camp with an academic, sports, or other leisure activity focus, you will find it at the 2010 Main Line Camp Fair.

Admission
is Free

Main Line Camp Fair

Wednesday, January 27, 2010
5:30-8:30 pm

Conestoga High School
200 Irish Road
Berwyn, Pennsylvania

(Snow Date: February 3, 2010)

Families with children ages preschool thru 18 are welcome to attend.

SPONSORED BY THE DEVON
ELEMENTARY PTO

For more information and a list of camps attending visit:
www.mainlinecampfair.org

Spring I 2010 Nature Programs

Eco-Discovery After School Club

Ages 6 to 10 years

This after-school club will explore the woodlands and wetlands of the YMCA. Activities will include hikes, animal care, cool experiments, outdoor projects and more. Come dressed for the weather and bring a flashlight.

Monday 4:30 PM - 5:45 PM

Full Members: \$84 Program Members: \$159

Family Nighttime Hikes

Ages 6 and up

Families are invited to join our naturalist for our evening walks this spring. We will search for the wildlife that is lurking at night in the YMCA woodlands and wetlands and learn that these animals are nothing to fear. Meets in the Environmental Education Center. Pre-registration is required. Bring a flashlight.

March 24 Owl Prowl 7:00 PM - 8:15 PM

April 20 Pond Hike 7:00 PM - 8:15 PM

Full Members: \$5 Program Members: \$8

Wildlife Explorer Club

Ages 10 to 13 years

Come with us as we hike some of our favorite nature trails in local state parks, forests, and preserves. Pack a lunch. Led by staff naturalists.

Valley Forge Park

Saturday, March 6 9:00 AM - 2:00 PM

Full Member: \$20.00 Program Member: \$25.00

White Clay Creek

Saturday, March 20 9:00 AM - 3:00 PM

Full Member: \$30 Program Member: \$35

Ridley Creek State Park

Saturday, April 10 9:00 AM - 2:00 PM

Full Member: \$20.00 Program Member: \$25.00

Nature Crafts & Critters (Ages 3 - 6 years)

Creativity abounds as children explore nature through themed art projects, woodland walks, and live animal visits.

Friday 1:00 PM - 2:00 PM

Eco-Birthday Parties

Come celebrate your big day at the YMCA. Party groups will explore our woods, wetlands, stream, and/or pond, perform science experiments, dissect owl pellets, or take part in a nature craft. Each party includes a visit with the animals in the Nature Center. We supply the party room, paper products and utensils, and party bags for each child. Contact Jean Zimmerman at x2405 for more details.

Fun With Animals (Ages 4 to 6 years)

Kids will help feed and care for the critters in our YMCA Nature Center and learn about the special needs of these and other wild animals. Activities will also include walks in our woods, and along the pond, and wetlands.

Tuesday 1:00 PM - 2:00 PM

PLUS Swim 2:15 PM - 2:45 PM

Friday (for 2 year olds) 10:15 AM - 10:45 AM

PLUS Intro to Sports 11:00 AM - 11:30 AM

Nature Explorers (Ages 4 to 6 years)

Explore the pond, creek, and woods of the YMCA and learn about the critters that live there and in our Environmental Education Center.

Wednesday 1:00 PM - 1:45 PM

PLUS Pee Wee Soccer 2:00 PM - 2:45 PM

Thursday 10:00 AM - 11:00 AM

PLUS Swim 11:15 AM - 11:45 AM

Active Einsteins (Ages 3 1/2 - 6 years)

Kids play different sports and games inside and out, and explore the world of science and nature through fun experiments and nature walks in the YMCA woods. As the weather allows, we will begin preparing our now famous Nature Center Garden for the spring planting season.

Thursday 1:00 PM - 2:00 PM

PLUS Swim 2:15 PM - 2:45 PM

Friday 9:30 AM - 10:30 AM

Nature Science & Crafts (Ages 3 1/2 - 6)

This class combines animals, science, and arts & crafts. Kids will spend time in our Nature Center conducting hands on experiments, making creative nature themed craft projects, and getting up close and personal with the animals that live in our nature center.

Tuesday 9:30 AM - 11:00 AM

PLUS* swim 11:15 AM - 11:45 AM

Science & Nature (Ages 3 - 6 years)

Children will have fun mixing up silly concoctions, growing crystals, and learning about magnetism, acid and bases, and other scientific concepts as well as about some of the critters in our woods and nature center.

Monday 1:00 PM - 2:00 PM

PLUS Swim 2:15 PM - 2:45 PM

Wednesday 9:15 AM - 10:30 AM

PLUS Sports of All Sorts 10:45 AM - 11:30 AM

Little Nature Explorers (Ages 2-3 years)

Little ones will explore the world of nature through live animal visits, art projects, music, stories, and movement.

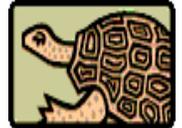
Monday 10:15 AM - 10:45 AM

PLUS Tiny Tumblers 9:30 AM - 10:00 AM

PLUS Intro to Sports 11:00 AM - 11:30 AM

Tuesday 9:30 AM - 10:00 AM

PLUS Intro to Sports 10:15 AM - 10:45 AM



1416 Berwyn-Paoli Rd., Berwyn, PA 19312

610-647-YMCA

umly.org

We build strong kids, strong families, strong communities.

Order your water bottles NOW!

What a great way to reduce plastic water bottle waste and show your Beaumont Pride! The perfect water bottle for:

- On the go
- Sports & activities
- Lunch boxes

Strong stainless steel construction with twist cap, 25 oz and BPA free, with a sporty Beaumont “B” (actual product artwork may differ in sizing than shown in this example). Bottle measures approx. 8-1/4” in height and 4” in width.



\$12 for one
\$10 each for two or more

Your Name _____

Child's Name _____ Room # _____

Quantity _____ Total Enclosed \$ _____

** \$12 for one bottle; \$10 each for two or more bottles ordered **

Please make checks payable to Beaumont HSA. Any questions, contact Pam Albertson at pamalbertson@comcast.net or 610.647.0124

GET THE BEAR FACTS ONLINE!

In our continued efforts and commitment to reduce paper waste, we began moving towards email delivery of The Bear Facts monthly newsletter beginning last year. Last year, about 100 families signed up for this great service! Those families will continue to receive The Bear Facts electronically and will not receive a paper version. If you have signed up previously and your email has changed, please notify us.

Please, if you have not already done so, sign up soon!

How does it work? You will receive an email with a link to the newsletter online, letting you know that the issue is available on the website. Please add bearfacts@beaumontsa.org to your address book to ensure delivery to your inbox.

To receive *The Bear Facts* notification by email, complete the tear-off below and return to the school office. Alternatively, send an email to website@beaumontsa.org with the following information:

- Parent or Guardian Name(s)
- Child(ren)'s Name(s)
- Child(ren)'s Grade(s), Teacher(s), and Room Number(s)
- Email address
- Your phone number

All the above information must be in the email in order to be processed. Your phone number is needed for any questions regarding sign-up.

TO: HSA Website Coordinator

Yes, I would like to receive email delivery of The Bear Facts!

Parent's Name(s): _____

Email(s): _____

Child(ren)'s Name(s)/Grade(s): _____

Check One:

- Yes, include me on the email list for other HSA communications *
- No, do not include me on the email list for other HSA communications

Signature: _____ Date: _____

Please direct questions to Jeanne Dechiaro at jeanne@beaumontsa.org or 610-647-4692

* The HSA has not yet sent communications via email, but plan to roll out this form of communication during the 2008-09 school year.



FEBRUARY 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>8:00 Orchestra 3:30-4:30 2nd Grade Sports 3:30-4:30 Art Club 1st & 2nd 3:30-4:30 Theater Club</p> <p>Day 5</p>	<p>2</p> <p>3:30-4:30 3rd Grade Sports 3:30-4:30 Art Club 1st & 2nd</p> <p>Day 6</p>	<p>3</p> <p>7:45-8:45AM Knitting Club 8:00 Band 3:30-4:30 4th Grade Sports 3:30-4:30 Storytelling Club</p> <p>Day 1</p>	<p>4</p> <p>8:00 Chorus 3:30-4:30 Science Explorers 3:30-4:30 Clay Club 3rd & 4th 3:30-4:30 Storytelling Club</p> <p>Day 2</p>	<p>5</p> <p>Day 3</p>
<p>8</p> <p>3:30-4:30 2nd Grade Sports 3:30-4:30 Art Club 1st & 2nd 3:30-4:30 Theater Club</p> <p>Day 4</p>	<p>9</p> <p>8:00 Orchestra 3:30-4:30 3rd Grade Sports 3:30-4:30 Art Club 1st & 2nd</p> <p>Day 5</p>	<p>10</p> <p>7:45-8:45AM Knitting Club 8:00 Band 3:30-4:30 4th Grade Sports 3:30-4:30 Storytelling Club</p> <p>Day 6</p>	<p>11</p> <p>8:00 Chorus 3:30-4:30 Science Explorers 3:30-4:30 Clay Club 3rd & 4th 3:30-4:30 Storytelling Club</p> <p>Day 1</p>	<p>12</p> <p>9:30 2nd Grade Chinese Parade 2:00 Valentine Parties</p> <p>Day 2</p>
<p>15</p> <p>3:30-4:30 2nd Grade Sports 3:30-4:30 Art Club 1st & 2nd 3:30-4:30 Theater Club</p> <p>Day 3</p>	<p>16</p> <p>3:30-4:30 3rd Grade Sports 3:30-4:30 Art Club 1st & 2nd</p> <p>Day 4</p>	<p>17</p> <p>7:45-8:45AM Knitting Club 8:00 Orchestra & Band 9:15 HSA Meeting 3:30-4:30 4th Grade Sports 3:30-4:30 Storytelling Club</p> <p>Day 5</p>	<p>18</p> <p>8:00 Chorus 3:30-4:30 Science Explorers 3:30-4:30 Clay Club 3rd & 4th 3:30-4:30 Storytelling Club</p> <p>Day 6</p>	<p>19</p> <p>Day 1</p>
<p>← A R T G O E S T O S C H O O L →</p>				
<p>22</p> <p>3:30-4:30 2nd Grade Sports 3:30-4:30 Art Club 1st & 2nd 3:30-4:30 Theater Club</p> <p>Day 2</p>	<p>23</p> <p>3:30-4:30 3rd Grade Sports 3:30-4:30 Art Club 1st & 2nd</p> <p>Day 3</p>	<p>24</p> <p>7:45-8:45AM Knitting Club 8:00 Band 3:30-4:30 4th Grade Sports 3:30-4:30 Storytelling Club</p> <p>Day 4</p>	<p>25</p> <p>8:00 Chorus 3:30-4:30 Science Explorers 3:30-4:30 Storytelling Club 3:30-4:30 Clay Club 3rd & 4th</p> <p>Day 5</p>	<p>26</p> <p>27th @ 7:00 Father Daughter Dance</p> <p>Day 6</p>
<p>← B O O K F A I R →</p>				



All lunches include a choice of skim, 2% white or low-fat chocolate milk.		Tredyffrin Easttown School District Elementary Lunch Menu February 2010				Please include your child's full name with all pre-payments. Paid Lunch \$2.35			
Monday		Tuesday		Wednesday		Thursday		Friday	
Day 5		Day 6		Day 1		Day 2		Day 3	
A. Apple Cinnamon Dippers (Breadsticks) ▼ & String Cheese ▼ B. Chicken Nuggets w/Dinner Roll C. Turkey-Ham & Cheese Sandwich D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ Tossed Garden Salad ▼ Honey Glazed Carrots ▼, Mandarin Oranges ▼ Chilled Fresh and Canned Fruit ▼		A. Nacho's with Seasoned Beef, Cheese, Salsa B. Chicken Nuggets w/Dinner Roll C. Turkey-Ham & Cheese Sandwich D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Cucumber Slices w/Dip ▼ Chilled Fresh and Canned Fruit ▼		A. Turkey Hot Dog on a Bun B. Chicken Nuggets w/Dinner Roll C. Turkey-Ham & Cheese Sandwich D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Vegetarian Baked Beans ▼ Chilled Fresh and Canned Fruit ▼		A. Pancakes ▼ with Sausage Patty B. Chicken Nuggets w/Dinner Roll C. Turkey-Ham & Cheese Sandwich D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Orange Juice ▼ and Carrot Sticks ▼ Chilled Fresh and Canned Fruit ▼		A. Pizza ▼ B. Chicken Nuggets w/Dinner Roll C. Turkey-Ham & Cheese Sandwich D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter ▼ Tossed Garden Salad ▼ Peas & Carrots ▼ Chilled Fresh and Canned Fruit ▼	
Day 4 8		Day 5 9		Day 6 10		Day 1 11		Day 2 12	
A. Pizza Dippers w/Marinara Sauce ▼ B. Pizza C. Yogurt Bites ▼ D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ Tossed Garden Salad ▼ Carrot Sticks w/Dip ▼ Chilled Fresh and Canned Fruit ▼		A. Popcorn Chicken B. Pizza C. Yogurt Bites D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Green Beans ▼ Chilled Fresh and Canned Fruit ▼		A. Cheeseburger on a Whole Wheat Bun B. Pizza C. Yogurt Bites D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Corn ▼ Chilled Fresh and Canned Fruit ▼		A. Oven Baked Breaded Chicken B. Pizza C. Yogurt Bites D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Whipped Potatoes ▼ Chilled Fresh and Canned Fruit ▼		A. 5" Individual Pizza ▼ B. Turkey Hot Dog on a Bun C. Yogurt Bites D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter ▼ Tossed Garden Salad ▼ Green Beans ▼ Chilled Fresh and Canned Fruit ▼	
Day 3 15		Day 4 16		Day 5 17		Day 6 18		Day 1 19	
A. Macaroni & Cheese ▼ B. Chicken Patty on a Whole Wheat Bun C. Tuna Salad on a Bun D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ Tossed Garden Salad ▼ Corn ▼ Chilled Fresh and Canned Fruit ▼		A. Chicken Fingers w/Dipping Sauce B. Chicken Patty on a Whole Wheat Bun C. Tuna Salad on a Bun D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Peas & Carrots ▼ Chilled Fresh and Canned Fruit ▼		A. Meatball Sandwich on a Sub B. Chicken Patty on a Whole Wheat Bun C. Tuna Salad on a Bun D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Baked French Fries ▼ Chilled Fresh and Canned Fruit ▼		A. Baked Potato Bar w/Broccoli & Cheese ▼ B. Chicken Patty on a Whole Wheat Bun C. Tuna Salad on a Bun D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Chilled Fresh and Canned Fruit ▼		A. Stuffed Crust Pizza ▼ B. Chicken Patty on a Whole Wheat Bun C. Tuna Salad on a Bun D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter ▼ Tossed Garden Salad ▼ Baby Carrots w/Dip ▼ Chilled Fresh and Canned Fruit ▼	
Day 2 22		Day 3 23		Day 4 24		Day 5 25		Day 6 26	
A. Whole Wheat French Toast Sticks w/Syrup ▼ & Turkey Sausage Patty B. Pizza ▼ C. Turkey Breast Sandwich* D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ Tossed Garden Salad ▼ Orange Juice and Carrot Sticks ▼ Chilled Fresh and Canned Fruit ▼		A. Ham & Cheese Hoagie B. Pizza ▼ C. Turkey Breast Sandwich* D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Cucumber Slices w/Dip ▼ Chilled Fresh and Canned Fruit ▼		A. Pasta w/Spaghetti Meat Sauce B. Pizza ▼ C. Turkey Breast Sandwich* D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Green Beans ▼ Chilled Fresh and Canned Fruit ▼		A. Chicken Nugget w/ Whole Wheat Dinner Roll B. Pizza ▼ C. Turkey Breast Sandwich* D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter or Salad Bar ▼ Tossed Garden Salad ▼ Baked Potato Puffs ▼ Chilled Fresh and Canned Fruit ▼		A. Double Stuffed Crust Pizza ▼ B. Hot Dog w or w/o Sauerkraut C. Turkey Breast Sandwich* D. Peanut Butter and Jelly Uncrustable on White or Whole Wheat ▼ E. Salad Platter ▼ Tossed Garden Salad ▼ Mixed Vegetables ▼ Chilled Fresh and Canned Fruit ▼	

▼ Identifies Vegetarian Items