



The Bear Facts

October 2010 Monthly Newsletter

October 2010							November 2010						
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24	25	26	27	28	29	30	28	29	30				

575 Beaumont Road • Devon, PA 19333
 Office: 610-240-1400
 HSA Website: www.beaumonthsa.org

District Hotline: 610-240-1970
 District Website: www.tesd.net

Mark Your Calendar!

- Oct. 4-7 ERB testing 2-4 grades
- Oct. 7, 5pm Fun Run
- Oct. 8 No School, teachers in-service
- Oct. 11-13 ERB testing 2-4 grades
- Oct. 29, 2pm Halloween Parties
- Nov. 6 Parent Social
- Nov. 11 Picture retakes
- Nov. 16 Fall Music Concert
- Nov. 17-19 ½ days, conferences
- Nov. 24-26 No School, Happy Thanksgiving!

HSA Meeting Schedule

- Oct. 21, 9:15am April 21, 9:15am
- Nov. 17, 9:15am May 19, 7pm
- Feb. 17, 9:15am June 9, 9:15am
- March 17, 9:15am

*all meetings are held in the large group room
 *HSA meeting minutes will be available, for you to view, in the HSA file folder in the main office, on the HSA website, and on the HSA bulletin board in the lobby.
 *For those of you who have volunteered, or are considering it, the district "Guidelines for Volunteers" will be in the HSA file folder in the main office.
 *The district "Guidelines for Volunteers" will be in the HSA file folder in the main office for you to review.

Welcome Back Beaumont Families!

It was hard to believe summer was over and school was starting, and here we are in the last week of September already! Hopefully your kids have adjusted out of "summer mode" and into "school mode" without much difficulty. The HSA would like to welcome you back and extend a warm welcome to those families new to the Beaumont community.

On behalf of last year's board I would like to thank all the Beaumont families for helping to raise \$26,000, which was used to fund the following capital items: playground equipment (new slide & swing set), a netbook station (eight netbooks and a wireless system), and an ice maker for the nurse's office.

The board would also like to thank those of you who have already been busy with HSA activities. Thank you to Courtenay Homan, Marianne Marquet, Diane Shew, Claire LaTorraca, Sue Moody, Dawn Poeta, Pikk Haas, and Maureen Bailey for the thankless job of stuffing the opening day packet. Aralisha Newbold, Marianne Marquet, and Anne Susas for a wonderful job with the opening week picnic. It was perfect! Nicole Kent and Nikki Blagden made sure we had refreshments at all the curriculum nights and Sherri Gartner made sure the classroom sign-up sheets were filled. Thank you to Alexis Bove for coordinating such great items on our online Bear Gear store. Danielle Hughes spruced up the plantings by the Beaumont sign and Anne Ansa got Oso & the lobby ready for the students return to school. Jeanne Dechiario has sent out the weekly blast. And Anita Borger who has been working on the directory checking and double checking the information and Kerri Martin who helped me clean out the very messy closet. Wow....all that has happened already! Thank you!

Our current fundraisers are the Innisbrook wrapping paper sale and KidStuff Coupon books which we kicked off in September. Both will be wrapping up in a few weeks (no pun intended). Our second annual Fun Run will be on Thursday, October 7th. The New Parent Coffee is on September 29th at 8:00am in the large group room. This is followed by our first HSA meeting at 9:15am. We encourage your participation in these meetings. It is great to hear from Dr. Demming about the "happenings" at school and it helps us to have your input and feedback on various HSA activities. Please join us!

Warmest Wishes,
 Pam Albertson
 HSA President
 On behalf of the HSA Board

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NEXT BEAR FACTS: October 25 **SUBMISSION DEADLINE:** October 18
SUBMISSIONS TO: bearfacts@beaumonthsa.org **CONTACT:** Tory Stagnaro, Editor

2010-2011 Elementary Holiday Curriculum

Prior to the 1999-2000 school year, a committee of elementary teachers from all grades and schools met to develop the current Holiday Curriculum for students in grades K-4. The curriculum teaches students about ten religious, ethnic, and cultural holidays at the appropriate time of year. In designing the curriculum, teachers gathered resources, selected literature for each holiday and grade level and designed lesson plans. The ten holidays covered are Ramadan, Yom Kippur, Diwali, Thanksgiving, Hanukkah, Christmas, Kwanzaa, Chinese New Year, Passover, and Easter. The Holiday Curriculum was presented to representative clergy from the Tredyffrin-Easttown community prior to implementation.

The materials are available in each elementary school library for any parent who wishes to review the literature.

Holiday Dates - 2010-2011

Ramadan – Begins at sunset on Wednesday, August 11 and ends on Thursday, September 9

Yom Kippur – Begins at sunset on Friday, September 17 (Rosh Hashanah begins at sunset on Wednesday, September 8 and ends on Friday, September 10)

Diwali –Friday, November 5 - Tuesday, November 9

Thanksgiving – November 25

Hanukkah – Begins at sunset on Wednesday, December 1 and ends on Thursday, December 9

Christmas – December 25

Kwanzaa – December 26 - January 1

Chinese New Year Day– February 3 (Year of the Rabbit)

Passover – Begins at sunset on Monday, April 18 and ends on Tuesday, April 26

Easter – April 24

VISIT THE SCHOLASTIC BOOK FAIR AND **READ!** WITH YOUR HEROES



DATE: OCT 25TH – OCT 29TH
TIME: 8:00 AM–4:00 PM
PLACE: THE LARGE GROUP ROOM

SPECIAL EVENTS

**SPECIAL SOMEONE BREAKFAST—
TUE OCT 26TH 7:30-9:00 AM**
BRING A GRANDPARENT, PARENT, OR
SPECIAL FAMILY MEMBER TO ENJOY
BREAKFAST WHILE VISITING THE
BOOK FAIR.

**FAMILY NIGHT—THU OCT 28TH
5:00—8:00 PM**
ENJOY HOT DOGS AND ICE CREAM
WHILE LISTENING TO SPECIAL
STORIES.



VOLUNTEERS NEEDED



WE WILL BE USING VOLUNTEERSPOT.ORG TO SCHEDULE BOOK
FAIR VOLUNTEERS. LOOK FOR DIRECTIONS ON HOW TO SIGN
UP IN THE NEXT E-MAIL BLAST.

IF YOU ARE ABLE TO DONATE A BREAKFAST ITEM FOR THE
SPECIAL SOMEONE BREAKFAST PLEASE CONTACT COURTENAY
HOMAN AT THEHOMANS@CHEMSTATION.NET



Please join us at Beaumont for a Fun Run

Run Back to Beaumont!

1 Mile "Back to School" Family Fun Walk/Run

Thursday, October 7th, 2010

5:00 pm 1 Mile Walk/Run all ages!

50 yard dash Grade Races, and 5 & under Tot Trot following

~Benefits Beaumont HSA~

★FREE Kid(s) T-Shirts included in entry fee FINAL REGISTRATION DEADLINE 9/27

★Refreshments!

★Awards! - presented immediately following the final race

★Prizes! - Raffle ticket for each family... free!

★Pizza Party to the class with the most runners attended!!!!

☆Race package will be sent home prior to the race

Warm up Stretching with Mrs. McConaghy

(If financial assistance is needed, please contact Judith Root)

☆Information: Contact Jodi DePhillipo 610-517-0900 jmd@tmistaffing.com or Denise Studnick 610- 733-8678 dstudnick@gmail.com

CUT HERE

Please return by September 27th in envelope with check payable to Beaumont HSA

Entry Fee: \$20.00 /family (*includes kid(s) t-shirts ~ Adult Sizes can be purchased for \$6.00) OR \$7.00 for individual

Name: _____

Phone: _____

Email address: _____

Please list all attending family members below. Kids Shirts FREE, Adult Sizes \$6.00

Table with columns for member type (ADULT #1, ADULT #2, CHILD T-shirt), grade/room number, youth size, and cost.

OPTIONAL

***YES...I would like to be a Sponsor for the "The Race Back to Beaumont" and will make an additional contribution of a minimum of \$15.00 to the "Beaumont HSA" and have my family name printed on the T-shirt.

\$ _____

= Total \$ _____ Make check payable to Beaumont HSA

The [grid of boxes for last name]

Please print last name to be printed on T-Shirt

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors and administrators waive and release all rights and claims and damages I might have against the race director, Beaumont HSA, and all related parties for any and all injury or damage resulting from participating in the above event. I am in proper physical condition to participate in this event.

Signature (required): _____

Parent/guardian's signature if participant is under 18: _____

Internal CH Paid



Let's MIXX it up!

 Beaumont's Parent Social 

When: November 6, 2010

Where: MIXX Restaurant and Bar, Villanova

Join your friends and fellow Beaumont parents for a night of FUN including food, drinks, music and a silent auction!

Details to follow soon...

THE PARENT SOCIAL AUCTION COMMITTEE NEEDS YOUR HELP!

Parent Social – Saturday, November 6

We are preparing for the ONLY auction of the year and we need your donations!

Items such as tickets to sporting events and theater productions, restaurant, spa or photography gift certificates, and golf or tennis vouchers are always popular. Or maybe you have a business that can provide a service to someone in our Beaumont community?? Any donation, big or small, is welcome...consider asking your favorite store/salon/café for a donation to your favorite elementary school.

Please take some time to think about what your family or a group of friends/neighbors would like to donate. Then fill out the form below and return it to your child's teacher! Thank you for your help!!!!

Name: _____

Phone: _____

Description of item: _____

Approximate value of item: _____

Any Questions? Please contact:

Dawn Poeta (610) 640-4284 or dmpoeta@verizon.net

Monique McQuaid (610) 695-6401 or mpmcquaid@verizon.net

Beaumont Elementary School Library News

Beaumont 100 Book Club

This year's Beaumont 100 Book Club will begin next week. On Friday, September 26, a copy of the guidelines and the first log sheet will be sent home with each student. Please read the guidelines with your child and encourage him or her to begin a log. Any books that they have read since the beginning of the year will count. Last year we had 100 students who read 100 or more books. There were 36 students who read 200 and received a free paperback book. Twelve students read over 300 books. We are very proud of all the children that participated in the book club last year. This year let's get everyone involved and have the whole school read 100 books!

We have tried to make it as simple as possible for them to keep track of their reading, yet also easy for us to know exactly where they are in terms of the number books they have read. Briefly, children may read independently or have stories read to them. Their books should be reading and age level appropriate. Smaller books (for example, picture books) count as one whole book. Every 25 pages in a longer book counts as one book. Each log sheet holds 25 books. The library is open in the morning before school at 8:40 for the children to exchange their library books or to turn in their log sheets.

If you have any questions, please feel free to call me at 610-240-1405.

Dona Haltiwanger
Librarian

Jane Anthony
Reading Specialist

Library Display Case

Once again we are scheduling collections for our display cabinet. It is lighted, locked and right by the library door. If your child has a collection that he/she would like to share with the school, please fill out this form and return it to the library. We will notify you of your display date.

NAME _____ ROOM # _____

I have a collection of _____



School Board Update



Summaries of School Board Committee Meetings for **September 2010**

Visit www.tesd.net and click on 'School Board' for meeting dates, agendas and minutes.

Education Committee, Chair: Karen Cruickshank

Prepared by: Committee Chair

At the September 13 Education committee meeting, the board reviewed three sample calendars for the 2011-2012 academic year. Several modifications were made to the calendars, and a final calendar will be recommended to the board at the next Education Committee Meeting.

The Committee also received an update on Keystone Exams. The state of Pennsylvania is requiring all public school districts to give the Algebra I Keystone exam to all students currently taking Algebra I in grades 8 and below. No one in grades 9 and above will be required to take Keystone Exams. Specifics including the timing of delivery of the Keystone Exams have not yet been released by the State. We will keep parents updated on Keystone roll out information as it becomes available.

The next Education Committee meeting is scheduled for October 5 at noon in TEAO Room 200. All are welcome.

Facilities Committee, Chair: Pete Motel

Prepared by: Business Office

The Facilities Committee met on September 17th. The Committee discussed the Use of District Facilities Policy and Regulation 7040 and answered public questions concerning this years building use requests. The Committee recommended changes to the policy which will be shared with the Policy Committee. The Committee asked the administration to revise the regulation to reflect the discussion and present it at the next Facilities Committee meeting.

The District architect presented the construction report which included status updates on the 2010-2011 construction projects, most in the close out or punch list phases. Future projects are the replacement of a CHS boiler and the ESC demolition. The architect reviewed the construction change orders before they were approved by the Committee. The architect then presented the latest version of the District's infrastructure report. It was noted that all District school buildings are still in sound condition and there is nothing in the infrastructure report for replacing any buildings. The Committee saw a draft version of the

capital source and use report that included the latest infrastructure report amounts. This report was support to the Committee discussion of why the District is not in a financial position to fund any air conditioning projects at this time. The architect also presented the proposed 2011-2012 construction projects.

The administration presented the plan for storage sheds at the ESC and the use of off site storage temporarily for items that will be displaced after the ESC building is razed. The Committee asked the administration to send a letter to the ESC neighbors about the plan for storage sheds on the property. The Committee asked the administration to begin the process of evaluating the Old Lancaster Road site for a long-term solution to District storage needs.

The Committee briefly discussed the effect the new sidewalks in Tredyffrin Township will have on the District's hazardous roads. The administration updated the Committee on a recent emergency services task force meeting at Tredyffrin Township. The District was asked to participate in a common radio communications channel to allow the District to communicate with all "first responders" in the event of an emergency. The cost to add this emergency channel to our existing radios would be minimal. The Committee supported the recommendation to participate.

Finance Committee, Chair: Kevin Mahoney

Prepared by: Business Office

The Finance Committee met on September 13th. The administration presented the preliminary fund balance designations for the fiscal year ending June 30, 2010. The Board will approve the final fund balance designations after the amounts have been certified by the independent auditors. The administration noted that the local audit started today and the draft audit report is expected for the November 8th Finance Committee meeting.

The administration notified the Committee that the District's TE All Call emergency phone notification system contract is up for renewal. The Committee discussed the service and approved the contract for renewal.

The administration presented a proposal to implement an automated time and attendance system. The Committee

asked for further information concerning future program upgrades.

The administration presented a proposal to upgrade the District's administrative and educational support software. The District's current version of this software is approaching the end of its life cycle and our vendor is recommending an upgrade to the newest release. The Committee asked about possibly going out for a public bid for new software. The Committee also asked the administration to research other software packages available.

The administration presented the annual transportation report. This year the District is running 112 busses 9,950 miles per day to 110 schools with 500 different bus runs that make approximately 2600 stops. The Committee asked the administration to investigate how the new sidewalks in Tredyffrin Township will impact bus routes if roads are no longer designated hazardous.

The Committee heard a short presentation from the administration about a proposal process that has the potential to provide energy efficiencies through facility improvements using Energy Service Companies.

The administration presented the latest budget projection model. The Committee discussed the assumptions used in the projection model and suggested that the administration review these going forward. The Committee also reviewed the latest capital source and use report, the 2011-2012 budget calendar and an EIT timeline. The Committee suggested that an expert be invited to present an EIT tutorial at a future Finance Committee meeting.

Policy Committee, Chair: Betsy Fadem

Prepared by: Committee Chair

The Policy Committee met on September 7th. The Committee began with a discussion of Policy 5406-Administration of Medication to Students. It had been decided that much of the language in this policy should be moved to its regulation and the Committee reviewed those changes. Next the Committee tackled Policy 2110-Superintendent as Executive Officer. The Committee continued to propose changes and to help the Committee finalize their revisions; the Committee will receive additional documents that were drafted previously that detail Superintendent Qualifications and Job Responsibilities. The Committee then discussed new Policy 4022 Employee Expressions Regarding District Programs and Operations. This policy had been recommended for first reading but at the August Board meeting there was some discussion from the full Board that lead the Committee to withdraw the recommendation and have Policy 4022 return to the

Committee. The Committee chair will distribute further revision to the Committee for further consideration at next month's meeting.

As a follow-up of a discussion at the August Facilities meeting, the Committee chair presented for the Policy Committee's consideration changes to Policy 7040 - Use of Facilities. The proposed changes reflect language to accommodate the situation for some TE families to rent District gym space for practices for their Malvern Basketball league teams. This policy will next be discussed at Facilities with a recommendation that the policy be included in the September Board meeting for a first reading.

The Committee approved the following policies (and regulations) for recommendation to the full Board for second reading at their September meeting: Policy and Regulation 1122 Complaints Regarding the District, Policy 9370: Code of Civility (Board Members), Policy and Regulation 4344: Electronic Communication between Employees and Students, and Policy 9319 Board Member Participation at Graduation.

Public Information Committee, Chair: Debbie Bookstaber

Prepared by: Public Information Office

The Public Information met on September 7th. The Committee reviewed the 2010 Committee goals. A new goal of, "National Trends in School District Communications" was added to the existing goals.

Next, the Committee reviewed a draft budget communications plan for the 2010-2011 school year. The Committee recommended referring the decision of when to begin taping Finance Committee meetings to the Finance Committee. The Committee discussed including budget-related items of importance in the Priority Discussion section of regular School Board meetings so that the information will be televised. In addition, the Committee discussed the schematic of TEAO meeting room 200 for regular School Board meetings. The Committee will continue to monitor feedback received on the location change of regular School Board meetings.

The administration reviewed information regarding a possible upgrade to the student information system that will allow the District to collect certain student information on-line. The appropriate Committee will review the best way to use this new tool when collecting student information annually at the beginning of the school year.

Finally, the Committee recommended that the October T/E Board Talk program include segments on the Education Services Center (ESC) demolition and the One Book One Stoga summer reading program.



Health and Fitness News

From the T/E Elementary Physical Education Department



Appropriate Clothes and Shoes for PE

1. Students should dress in layers. It is often chilly in the morning when school starts and warm in the afternoon. Please be sure to label your child's clothing.
2. If your child has PE first thing in the morning please send in an extra pair of socks or flip flops to change into. Often we go out and the grass is still damp.

It is imperative that the students come prepared to run, jump, and be active in Physical Education class! We pay particular attention to safety as we design and plan each and every lesson. Please help to ensure that the safety of your child is preserved by having them wear sneakers that lace up or fasten with Velcro straps on the days that they participate in Physical Education. Merrill shoes, sandals, Tevas, dress shoes, UGGs, Crocs and boots do not provide the necessary protection and support for the feet and ankles. Acceptable shoes fit snugly onto the foot and do not allow the foot to slide around in the shoe. Shoes with a heel and slip-on sneakers do not fit these criteria. We understand that there are days when it is desirable to wear other shoes. On those days, please send tennis shoes in the backpack so that your child can change into them before class.

Thought or Quote of the Month

Regardless of your ability or disability we all face challenges in life. One can see them as hurdles or barriers. Barriers are designed to hold people back. Hurdles are made to jump over. The choice is yours.

Resources

http://www.essortment.com/food/healthyalternat_sfqh.htm
http://www.essortment.com/food/healthyalternat_sfqh.htm
http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/page/Healthy_cooking_tips

Healthy Cooking Alternatives

Depending on the recipe, you can try to substitute some of your ingredients for healthier choices.

1. *Two spoons of ground flaxseed replace one spoon of oil*
2. *A fruit puree of apples, bananas or prunes in place of oil. Ex. 1/2 cup applesauce=1/2 cup of butter*
3. *Use low fat yogurt in place of sour cream.*
4. *Skip the oil and salt that is recommended to add to boiling pasta, as it is not necessary.*
5. *When breadcrumbs are needed to mix with meat or as a breading, use a mixture of unprocessed bran flakes mixed with oat flour. Other choices might be crushed bran cereal, crushed whole-wheat crackers or oatmeal.*
6. *Choose the low fat version of a food if it exists – for example milk, cheese, yogurt, salad dressings and gravies.*
7. *Cook in liquids (such as stock, wine, lemon juice, fruit juice, vinegar or water) instead of oil. If you have to use oil – use a little olive oil.*
8. *Use herbs, spices, vinegar or lemon juice to add extra zing to your recipe and reduce the need for salt.*
9. *When a recipe calls for cream as a thickener, use low fat yogurt, low fat soymilk, evaporated skim milk or cornstarch.*
10. *Scrub vegetables rather than peel them, as many nutrients are found close to the skin. Choose fresh or frozen vegetables instead of canned ones.*
11. *Add a splash of olive oil or lemon juice close to the end of cooking time or to cooked vegetables.*
12. *Reduce your use of soy sauce, tomato sauce and processed sauces and condiments (for example, mayonnaise and salad dressings) because they contain high levels of salt.*
13. *Limit your use of spreads high in saturated fat, like butter and cream cheese. Replace them with a thin spread of peanut butter, other nut spreads, hummus, low fat cheese spreads or avocado.*
14. *Choose to steam, bake, grill, braise, boil or microwave your foods, rather than deep fry them.*
15. *Microwave or steam your vegetables instead of boiling them to retain the nutrients.*
16. *Long-term deprivation, such as crash dieting, doesn't work. Allow yourself the occasional guilt-free treat.*
17. *When serving meat and fish, use pesto, salsas, chutneys and vinegars in place of sour creams, butter and creamy sauces.*

A note from your Art teacher, Mrs. Cataldi:

RECYCLE, REUSE!!!

I am looking to **reuse** some items you might normally **recycle**. Would you please save the following items for us to use in our studios with our students?

- Yogurt cups - we particularly love the ones that still come with lids
- Plastic baby food containers with lids
- Dry cleaning plastic
- Magazines - especially those with lots of pictures (for example: Vogue, People, National Wildlife, Ranger Rick, Travel, Sports Illustrated etc.)
- Paper towel tubes
- Icing Containers with lids
- Egg cartons

If you come across anything else you think I might be able to use, please let me know.

A huge thank you in advance!

I am looking forward to meeting everyone!



Calling All 1st-4th Grade Girls!!

Brownie Troops are STARTING!

**Any girls interested in becoming a
Girl Scout please contact**

Alexis Bové at

alexiswvbove@gmail.com

610-725-8111

**If you were in a troop last year, please
contact your previous leader for
information about your troop.**

Calling All Kindergarten Girls!!

Daisy Troops are STARTING!

**Any girls interested in becoming a
Daisy Girl Scout please contact**

Alexis Bové at

alexiswvbove@gmail.com

610-725-8111

**Two troops will be forming: one AM
Kindergarten and one PM kindergarten
troop. I will be looking for volunteer
leadership for each troop.**

Have fun- get involved- be rewarded!!

T&E Cares Meal Assistance For Families

If you believe that your family (at anytime during the school year) could use help covering the costs of school meals, and you do not qualify for the District's free/reduced price meal option, then you may be eligible for the T&E Care School Meal Assistance Program.

T&E Care is a local non-profit organization that helps families in Tredyffrin and Easttown townships. More information about this program and the application for the program are available on the T&E Care website www.tecare.org/schoolmealassistance.html. Questions? Feel free to contact your child's counselor or T&E Care at information@tecare.org.

Kidstuff Coupon Books are still on sale!

Great coupons for everyday places that we all frequent! Books cost \$25.00 the school keeps \$12.50 per book.

Send in cash or check made payable to Beaumont HSA.

On the envelope put your child's name, teacher, room number, and write "Kidsstuff Coupon Book Order".

Any questions email Sherri Gartner sg3boys@comcast.net

Attention boys grades 1st - 4th

Take aim and see how far you can fly! Be part of the fun and adventure of Cub Scouts.

Cub Scout Pack 113 invites you to join us! Please join us at our information night.

Beaumont Elementary School Cafeteria

Tuesday, September 28, 2010, 7:00PM

For more information, please contact John Lotz at 610-651-0858 or email pack113@cccbsa.org

FAMILY TO FAMILY

Family to Family helps other Beaumont families in crisis by making meals and provides transportation for students in the Children's Dental Clinic Program.

The Children's Dental Clinic is a T/E sponsored group that offers reduced cost dental care to families who qualify. This program needs drivers* to volunteer to transport students from Beaumont to TE Middle School to see the dentist.

Please fill in the information below if you can help with meals and/or driving. Return the form to the office and we will contact you in the event an occasion arises to help a fellow Beaumont family.

****All information is to remain confidential****

Please feel free to contact Maureen Sloan 610-517-9065 or
Connie Egan 610-644-1130 if you have any questions.

Thank you for helping support our Beaumont community.

Name _____

Phone Number _____

E-mail address: _____

Please check: Meals _____

 *Driving _____

*Anyone who volunteers to drive must provide a copy of a valid drivers license and insurance for the main office to keep on file. Driving requires morning availability.

HELP US GO GREEN!

THE BEAR FACTS

In our continued efforts and commitment to reduce paper waste, *The Bear Facts* monthly newsletter will only be available online. If you would like to receive a paper copy you need to fill in the request form that was on the light blue paper in the opening day packet or contact Lisa Toland at tolandl@tesd.net.

How does it work? You will receive an email with a link to the newsletter online, letting you know that the issue is available on the website. Please add bearfacts@beaumontsa.org to your address book to ensure delivery to your inbox.

WEEKLY E-MAIL BLAST

To help keep you informed of current events and activities the HSA will be sending out a weekly e-mail blast on Sundays. If there is a date change or an announcement that is time critical we will communicate the information in a blast on that day.

If you are not currently receiving the e-mail blast then you need to enroll by clicking on the following link www.beaumontsa.org/maillinglist.php.

Support Beaumont While You Shop!

You can help raise funds for Beaumont with these "Easy Rewards" programs. Nothing better than earning money while you shop!



Help our school by purchasing participating General Mills products and clip the BOX TOP coupons. You can send them to the school office with your child or bring them into the office yourself. There is a box to collect the Box Tops by the HSA file crate. Check non-food products for Box Tops also! You can also enroll in the BOOSTER CLUB at www.boxtops4education.com. If you sign up for the BOX TOPS Visa card we can earn even more.



Enroll your TARGET Visa card in Target's Take Charge of Education program and 1% of all qualifying purchases will be donated to our school. Visit Target's [Take Charge of Education](#) website for more information and to register Beaumont as your beneficiary school.



Enroll your GENUARDI'S card and register Beaumont as your school. Each time you swipe your Genuardi's Club Card, a percentage of your purchases will go directly to our school. Sign-up through eScrip [here](#). Beaumont's Group ID # is 6643727 and we are listed under "Beaumont Elementary HSA".

. For more information regarding these programs, please contact Jackie Laird jackieofphilly@verizon.net or Kara Frech kmfrech17@verizon.net

BE BEAUMONT PROUD!



Order your Beaumont car magnet today.

Name _____

Child's name _____ Room # _____

Quantity _____ Amount (\$5 per magnet) \$ _____

Please make checks payable to Beaumont HSA.

Any questions contact Pam Albertson at pamalbertson@comcast.net or 610-647-0124

Order your water bottles NOW!

What a great way to reduce plastic water bottle waste and show your Beaumont Pride! The perfect water bottle for:

- On the go
- Sports & activities
- Lunch boxes

Strong stainless steel construction with twist cap, 25 oz and BPA free, with a sporty Beaumont “B” (actual product artwork may differ in sizing than shown in this example). Bottle measures approx. 8-1/4” in height and 4” in width.



\$12 for one
\$10 each for two or more

Your Name _____

Child's Name _____ Room # _____

Quantity _____ Total Enclosed \$ _____

** \$12 for one bottle; \$10 each for two or more bottles ordered **

Please make checks payable to Beaumont HSA. Any questions, contact Pam Albertson at pamalbertson@comcast.net or 610.647.0124



OCTOBER 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 ERB Testing 3:30-4:30 Lego Club Day 4	5 ERB Testing 3:30-4:30 Lego Club Day 5	6 ERB Testing 8:00 Orchestra 3:30-4:30 Lego Club Day 6	7 ERB Testing 8:00 Chorus 3:30-4:30 Lego Club 3:30-4:30 Science Explorers 5:00 PM Fun 5K Run Day 1	8 NO SCHOOL Day 3
11 3:30-4:30 2 nd grade Sports 3:30-4:30 Lego Club Day 2	12 3:30-4:30 3 rd grade Sports 3:30-4:30 Lego Club Day 3	13 9:15 & 12:45 Berwyn Fire Company 3:30-4:30 4 th grade Sports 3:30-4:30 Lego Club Day 4	14 8:00 Chorus & Orchestra 3:30-4:30 Lego Club 3:30-4:30 Science Explorers Day 5	15 9:15 & 1:00 Kindergarten to Sugartown Strawberries Day 6
18 3:30-4:30 2 nd grade Sports 3:30-4:30 Lego Club Day 1	19 3:30-4:30 3 rd grade Sports 3:30-4:30 Lego Club Day 2	20 9:15 HSA Meeting 3:30-4:30 4 th grade Sports 3:30-4:30 Lego Club Day 3	21 8:00 Chorus 9:30 - 1:00 Kindergarten Pumpkin Extravaganza 3:30-4:30 Lego Club 3:30-4:30 Science Explorers Day 4	22 8:00 Orchestra Day 5
25 3:30-4:30 2 nd grade Sports 3:30-4:30 Lego Club Day 6	26 3:30-4:30 3 rd grade Sports 3:30-4:30 Lego Club Day 1	27 3:30-4:30 4 th grade Sports 3:30-4:30 Lego Club 3:30-4:30 Global Kids Day 2	28 8:00 Chorus 3:30-4:30 Lego Club 3:30-4:30 Science Explorers Day 3	29 9:30 AM K Halloween Party 2:00 PM Halloween Parties & Parade Day 4
B O O K F A I R				

TREDFYFRIN EASTTOWN SCHOOL DISTRICT

Elementary Cycle Lunch Menu
September 2010 - December 2010
Keeping it Green!



Lunch Prices

Paid Lunch: \$2.35
Reduced Lunch: \$.40

Point of Sale Payment can be made by check or cash, please include your child's name and pin # with all pre-payments. You may also pay on line (www.paypams.com) There is a \$10 per student registration fee per year and fees may apply to on-line deposits.

Calendar Legend

Follow the calendar and key to our six week cycle menu.

No Lunch	
1	2
3	4
5	6

SEPT				
M	T	W	T	F
		1	2	3
		7	8	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

OCT				
M	T	W	T	F
				1
4	5	6	7	
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

NOV				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16			
22	23			
29	30			

DEC				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	

Choice "D" Available Daily: Peanut Butter and Jelly Sandwich

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	Entrée (Bread/ Protein)	A Homemade Macaroni & Cheese ▼ B Cheeseburger on a Whole Wheat Bun C Chicken Salad in a Whole Grain Pita E Tuna Salad Platter	Bean & Cheese Burrito w/ Salsa/Sour Cream ▼ Cheeseburger on a Whole Wheat Bun Chicken Salad in a Whole Grain Pita Chicken Caesar Salad	Cheesesteak Sandwich on a Bun Cheeseburger on a Whole Wheat Bun Chicken Salad in a Whole Grain Pita Garden Salad ▼	Chicken Stir-Fry Vegetables over Rice Cheeseburger on a Whole Wheat Bun Chicken Salad in a Whole Grain Pita Fruit Salad w/ Yogurt ▼	French Bread Pizza ▼ Cheeseburger on a Whole Wheat Bun Chicken Salad in a Whole Grain Pita Western Salad
	Fruit	Mandarin Oranges ▼ Fresh Apple ▼ Garden Salad ▼ Stewed Tomatoes ▼	Sliced Peaches ▼ Fresh Orange ▼ Garden Salad ▼ Seasoned Corn ▼	Sliced Pears ▼ Fresh Kiwi ▼ Garden Salad ▼ Baked Potato Puffs ▼	Pineapple Chunks ▼ Fresh Grapes ▼ Garden Salad ▼ Stir Fry Vegetables ▼	Mixed Fruit ▼ Fresh Banana ▼ Garden Salad ▼ Green Beans ▼
	Veg	Garden Salad ▼ Stewed Tomatoes ▼	Garden Salad ▼ Seasoned Corn ▼	Garden Salad ▼ Baked Potato Puffs ▼	Garden Salad ▼ Stir Fry Vegetables ▼	Garden Salad ▼ Green Beans ▼
WEEK 2	Entrée (Bread/ Protein)	A Chicken Nuggets w/ Wheat Dinner Roll B Veggie Burger & Cheese on a Bun ▼ C Sliced Turkey and Cheese Wrap E Tuna Salad Platter	Oven Toasted Cheese Sandwich ▼ Veggie Burger & Cheese on a Bun ▼ Sliced Turkey and Cheese Wrap Garden Salad ▼	Meatball Sub Veggie Burger & Cheese on a Bun ▼ Sliced Turkey and Cheese Wrap Chicken Caesar Salad	Pancakes & Turkey Sausage Veggie Burger & Cheese on a Bun ▼ Sliced Turkey and Cheese Wrap Fruit Salad w/ Yogurt ▼	Pizza Slice ▼ Veggie Burger & Cheese on a Bun ▼ Sliced Turkey and Cheese Wrap Western Salad
	Fruit	Mandarin Oranges ▼ Fresh Apple ▼ Garden Salad ▼ Whipped Potatoes ▼	Sliced Peaches ▼ Fresh Orange ▼ Garden Salad ▼ Tomato Soup ▼	Sliced Pears ▼ Fresh Grapes ▼ Garden Salad ▼ Carrot Coins ▼	Orange Juice ▼ Fresh Pear ▼ Garden Salad ▼ Cucumber Slices ▼	Applesauce ▼ Mango ▼ Garden Salad ▼ Corn ▼
	Veg	Garden Salad ▼ Whipped Potatoes ▼	Garden Salad ▼ Tomato Soup ▼	Garden Salad ▼ Carrot Coins ▼	Garden Salad ▼ Cucumber Slices ▼	Garden Salad ▼ Corn ▼
WEEK 3	Entrée (Bread/ Protein)	A Apple Cinnamon Dippers ▼ & String Cheese ▼ B Turkey Hot Dog w/ Bun C Hummus Bite (Fresh Veggies, Strg. Cheese, Pita Wedge) ▼ E Tuna Salad Platter	Baked Ziti w/ Sausage Turkey Hot Dog w/ Bun Hummus Bite (Fresh Veggies, Strg. Cheese, Pita Wedge) ▼ Garden Salad ▼	Veggie Burger w/ Cheddar Cheese & Salsa on a Bun Turkey Hot Dog w/ Bun Hummus Bite (Fresh Veggies, Strg. Cheese, Pita Wedge) ▼ Chicken Caesar Salad	Soft Chicken Taco w/ Shredded Cheese, Tomato, Lettuce, Salsa Turkey Hot Dog w/ Bun Hummus Bite (Fresh Veggies, Strg. Cheese, Pita Wedge) ▼ Fruit Salad w/ Yogurt ▼	Whole Grain Double Stuffed Crust Pizza ▼ Turkey Hot Dog w/ Bun Hummus Bite (Fresh Veggies, Strg. Cheese, Pita Wedge) ▼ Western Salad
	Fruit	Sliced Apples ▼ Fresh Grapes ▼ Garden Salad ▼ Fresh Baby Carrots ▼	Sliced Peaches ▼ Fresh Orange ▼ Garden Salad ▼ Green Beans ▼	Sliced Pears ▼ Fresh Tangerine ▼ Garden Salad ▼ BBQ Baked Beans ▼	Pineapple Chunks ▼ Fresh Apple ▼ Garden Salad ▼ Corn ▼	Mixed Fruit ▼ Fresh Banana ▼ Garden Salad ▼ Snap Peas w/ Dip ▼
	Veg	Garden Salad ▼ Fresh Baby Carrots ▼	Garden Salad ▼ Green Beans ▼	Garden Salad ▼ BBQ Baked Beans ▼	Garden Salad ▼ Corn ▼	Garden Salad ▼ Snap Peas w/ Dip ▼
WEEK 4	Entrée (Bread/ Protein)	A Whole Wheat French Toast w/ 8oz Yogurt ▼ B Grilled Chicken on a Bun C Tuna Salad on Whole Wheat Bun E Tuna Salad Platter	Nacho's ▼ w/ Beef, Cheese ▼ & Salsa ▼ Grilled Chicken on a Bun Tuna Salad on Whole Wheat Bun Chicken Caesar Salad	Toasted Turkey Ham & Cheese Sandwich Grilled Chicken on a Bun Tuna Salad on Whole Wheat Bun Garden Salad ▼	Oven Baked BBQ Chicken Grilled Chicken on a Bun Tuna Salad on Whole Wheat Bun Fruit Salad w/ Yogurt ▼	Pizza Slice ▼ Grilled Chicken on a Bun Tuna Salad on Whole Wheat Bun Western Salad
	Fruit	Warm Sliced Apples w/ Cinnamon Fresh Banana ▼ Garden Salad ▼ Baked Potato Puffs ▼	Pineapple Chunks ▼ Fresh Grapes ▼ Garden Salad ▼ Black Bean Salad ▼	Applesauce w/Cinnamon ▼ Fresh Orange ▼ Garden Salad ▼ Sliced Cucumbers ▼	Sliced Peaches ▼ Fresh Apple ▼ Garden Salad ▼ Herbed Wild Rice ▼	Mixed Fruit ▼ Fresh Pear ▼ Garden Salad ▼ Carrot Sticks ▼
	Veg	Garden Salad ▼ Baked Potato Puffs ▼	Garden Salad ▼ Black Bean Salad ▼	Garden Salad ▼ Sliced Cucumbers ▼	Garden Salad ▼ Herbed Wild Rice ▼	Garden Salad ▼ Carrot Sticks ▼
WEEK 5	Entrée (Bread/ Protein)	A Cheese Breadsticks w/ Marinara Sauce ▼ B Cheeseburger on a Whole Wheat Bun C Yogurt Bites (4 oz Yogurt, String Cheese, Animal Crackers, Grapes) ▼ E Tuna Salad Platter	Mandarin Orange Chicken w/ Rice Cheeseburger on a Whole Wheat Bun Yogurt Bites (4 oz Yogurt, String Cheese, Animal Crackers, Grapes) ▼ Garden Salad ▼	Sloppy Joe on a Bun Cheeseburger on a Whole Wheat Bun Yogurt Bites (4 oz Yogurt, String Cheese, Animal Crackers, Grapes) ▼ Chicken Caesar Salad	Turkey Sub w/ Lettuce & Tomato Cheeseburger on a Whole Wheat Bun Yogurt Bites (4 oz Yogurt, String Cheese, Animal Crackers, Grapes) ▼ Fruit Salad w/ Yogurt ▼	Pepperoni Pizza Cheeseburger on a Whole Wheat Bun Yogurt Bites (4 oz Yogurt, String Cheese, Animal Crackers, Grapes) ▼ Western Salad
	Fruit	Mandarin Oranges ▼ Fresh Apple ▼ Garden Salad ▼ Carrot Coins ▼	Sliced Peaches ▼ Fresh Orange ▼ Garden Salad ▼ Peas ▼	Sliced Pears ▼ Fresh Grapes ▼ Garden Salad ▼ Baked French Fries ▼	Pineapple Chunks ▼ Fresh Pear ▼ Garden Salad ▼ Carrot/Celery Sticks ▼	Mixed Fruit ▼ Fresh Tangerine ▼ Garden Salad ▼ Peas & Carrots
	Veg	Garden Salad ▼ Carrot Coins ▼	Garden Salad ▼ Peas ▼	Garden Salad ▼ Baked French Fries ▼	Garden Salad ▼ Carrot/Celery Sticks ▼	Garden Salad ▼ Peas & Carrots
WEEK 6	Entrée (Bread/ Protein)	A Lasagna Roll-ups w/ Spaghetti Sauce ▼ B Chicken Patty on a Bun C Turkey Ham & Cheese on a Bun E Tuna Salad Platter	Soft Beef Taco w/ Shredded Cheese, Tomato, Lettuce, Salsa Chicken Patty on a Bun Turkey Ham & Cheese on a Bun Garden Salad ▼	Breakfast Sandwich (Ham,Egg,Cheese on an English Muffin) Chicken Patty on a Bun Turkey Ham & Cheese on a Bun Fruit Salad w/ Yogurt ▼	Baked Potato Bar w/ Broccoli & Cheese ▼ Chicken Patty on a Bun Turkey Ham & Cheese on a Bun Chicken Caesar Salad	Individual Round Pizza ▼ Chicken Patty on a Bun Turkey Ham & Cheese on a Bun Western Salad
	Fruit	Mandarin Oranges ▼ Fresh Apple ▼ Garden Salad ▼ Fresh Baby Carrots ▼	Apple Slices ▼ Fresh Orange Smiles ▼ Garden Salad ▼ Corn ▼	Sliced Peaches ▼ Mango ▼ Garden Salad ▼ Cucumber Slices ▼	Pineapple Chunks ▼ Fresh Grapes ▼ Garden Salad ▼ Baked Beans ▼	Mixed Fruit ▼ Fresh Pear ▼ Garden Salad ▼ Broccoli w/ Dip ▼
	Veg	Garden Salad ▼ Fresh Baby Carrots ▼	Garden Salad ▼ Corn ▼	Garden Salad ▼ Cucumber Slices ▼	Garden Salad ▼ Baked Beans ▼	Garden Salad ▼ Broccoli w/ Dip ▼

MILK AVAILABLE WITH EACH MEAL: White, 2%, Skim and 2% Chocolate



REDUCING OUR FOOTPRINT ON THE ENVIRONMENT

