



The Bear Facts

Beaumont's Monthly Newsletter December 2010

Mark Your Calendar!

Tu, 11/30	Winterfest
Tu, 12/14	Kindergarten Gingerbread Tea Party
W, 12/15	Cultural Arts Programs
Th, 12/23	Holiday Parties
Fr, 12/24 -	
Su, 1/2	NO SCHOOL- Happy Holidays

HSA Meeting Schedule

Feb. 17 at 9:15am
March 17 at 9:15am
April 21 at 9:15am
May 19 at 7pm
June 9 at 9:15am

- *All meetings are held in the large group room.
- *HSA meeting minutes will be available for you to view in the HSA file folder in the main office, on the HSA website and on the HSA bulletin board in the lobby.
- *For those of you who have volunteered or are considering it, the district "Guidelines for Volunteers" will be in the HSA file folder in the main office.

575 Beaumont Road Devon, PA 19333
Office: 610-240-1400
HSA Website: www.beaumonthsa.org

District Hotline: 610-240-1970
District Website: www.tesd.net

Hello Beaumont Families,

As I'm sitting here looking through all the activities/events that have already taken place at Beaumont this year, I am truly amazed at what has been accomplished in a few months' time. We have such wonderful volunteers who help make Beaumont such a rich environment for our children.

That being said, there are many volunteers to thank for their efforts. Thanks to Pikk Haas for coordinating the Innisbrook wrapping paper sale, Sherri Gartner for handling the KidStuff Coupon book sale, Alexis Bove for facilitating orders placed on the online bear gear store, Kate McAllister and Connie Egan for organizing a fun filled day with author Alan Katz, Kerri Martin, Kate McAllister, Alexis Bove, Jean Allen, Eileen Ryle, and Maureen Sloan for running a very successful canned food drive. Your kids should be very proud. They will also be very happy to have earned an extra recess for their efforts! Thanks to Sue Moody for quickly putting together a fall walking club for the kids at recess and to the Homeroom parents and party volunteers for organizing such great Halloween fun in the classrooms. The Scholastic Heroes Book Fair also visited Beaumont this month. It is wonderful to see how excited the kids and teachers get about reading! Thank you to Tamra Adams, Sherri Gartner and Courtenay Homan for chairing this event with me.

A special thank you goes out to Dawn Poeta, Monique McQuaid, Debbie Ridder, Claire LaTorraca, Marianne Marquet and Aralisha Newbold for organizing such a fun night out for Beaumont parents. They did a great job incorporating a silent auction into the evening and their efforts did not go unnoticed. All attending had a great time and they raised \$11,000 for Beaumont.

Don't forget to join us at Winterfest on Tuesday, November 30th from 6-8pm. The Secret Shop will be open for kids to purchase surprise trinkets for family members. There will be crafts for the kids to make to give as gifts as well and of course MASH will host the traditional Ice Cream Social. The Community Service committee will be putting the leaves up on the Giving Tree shortly. Please look for them in the lobby. Your generosity with this program is greatly appreciated!

Warmest Wishes,
Pam Albertson
HSA President
On behalf of the HSA Board

Next Bear Facts: December 20
Submission Deadline: December 13
Contact: Tory Stagnaro, Editor
Submissions to torystagnaro@yahoo.com

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WinterFest!

Tuesday, November 30th

6-8 p.m.

This fun family outing will include:

- **CHILDREN'S SHOP:** Parents can enjoy refreshments while children have their very own holiday shopping experience, supervised by students from MASH.
- **ICE CREAM SOCIAL:** Come for dessert and support MASH! Ice cream will be dished up by MASH students.
- **CRAFTS:** Children can make cute winter decorations that also make great gifts! Tickets will be presold, while supplies last. Order tickets below!
- **REFRESHMENTS:** Parents can enjoy complimentary coffee and tea. Refreshments will be sold for everyone's enjoyment.

Volunteers still needed! For info, contact Kate McAllister katemcallister01@gmail.com, 484-318-7606.

**Advance tickets are suggested for crafts. Please return by Monday,
November 29.**

\$3 per Glass Candle Holder _____ \$1 per Snowman Magnet _____
(craft supplies limited, tickets will be offered on first come, first served basis)

Name _____ Homeroom # _____

All proceeds go to support H.S.A. programs.
Checks can be made out to the Beaumont HAS.

Winterfest Volunteers Needed!

Please join in the fun of this family-oriented holiday extravaganza on Tuesday, November 30th!

WINTERFEST INCLUDES:

Children's Holiday Shop - Kid Shoppers Only!
Ice Cream Social
Seasonal Movies & Crafts
Complimentary Coffee and Cake for parents

VOLUNTEER OPPORTUNITIES:

Gearing up for the BIG EVENT:

Deck the Halls! Monday, November 29th from 3:30pm
Set up Shop! Tuesday, November 30th from 1:30pm
During the BIG Event: Tuesday, November 30, 6-8pm
Help the little shoppers
Help little crafters (nothing messy involved!)
☺ Clean-up, November 30th from 8pm - PLEASE! ☺

Many hands make light work and we could sure use yours. Please join us!

Name: _____

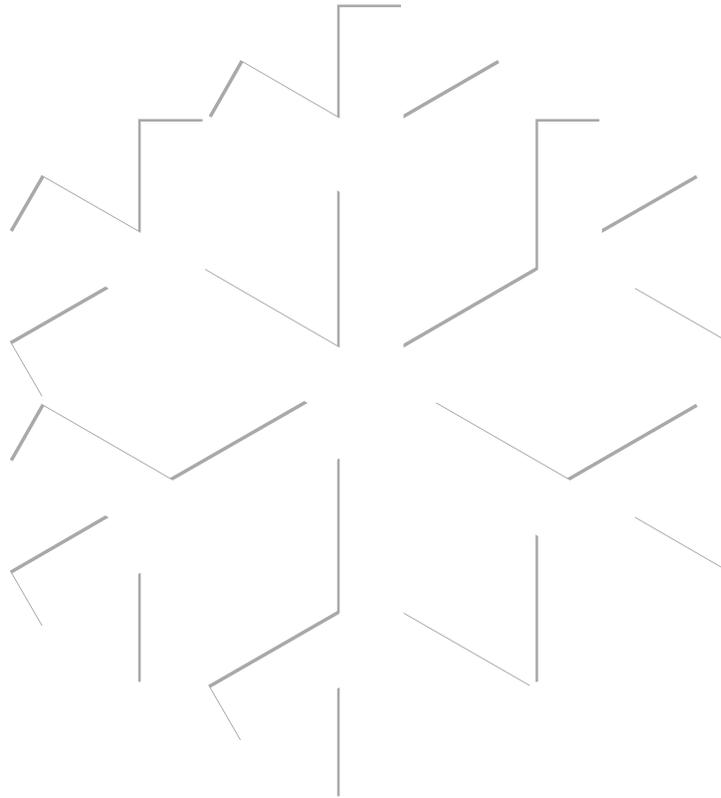
Availability: _____

Sign up on www.volunteerspot.com or return this to school marked Winterfest and we will be in touch. Thanks! Any questions: Kate McAllister 610-659-9919 or katemcallister01@gmail.com

Decorate a Snowflake for

★ WinterFest! ★

Cut along the dotted line. Cut out the snowflake and decorate it however you choose. Return your snowflake by Monday, November 29, & we'll decorate the halls with it!





MASH ICE CREAM SOCIAL DONATE AN ITEM – GET 50% OFF ICE CREAM!

The annual MASH ICE CREAM SOCIAL will once again take place in the Beaumont cafeteria during WINTERFEST – November 30 @ 6PM! Come and enjoy a delicious ice cream sundae while you shop and spend time with friends.

This year, MASH would like to support our chorus by encouraging everyone who attends the ice cream social to bring an item for the residents of the Royer Greaves School for the Blind. **For each item donated, MASH will offer 50% off on your ice cream!** Thank you in advance for your support and we look forward to seeing you at the social!

In case you didn't know... For the past three years the fourth grade chorus has performed a holiday concert at Royer Greaves School for the Blind. Royer Greaves, which is located in Paoli, serves adults and children with visual impairment and significant developmental disabilities. This is a wonderful opportunity for our children to touch the lives of people in our community with their beautiful singing voices.

Each year, our students bring gifts to the residents. These gifts are appreciated more than you can imagine! Some of the most wished for items include:

- Fidget toys (squish balls, stretchy men, etc.)
- Hairbrushes
- Barrettes, headbands and scrunchies
- Flavored applesauce (cinnamon, berry, etc.)
- Pudding cups (any flavor but chocolate)
- Scented lotion, wipes or soap
- Scented flameless candles
- Twizzlers (any flavor but chocolate)
- White ankle socks for men and women
- Play Doh
- Knit hats
- Scented body spray (no aerosol)
- Pizza Hut Gift certificates
- Mittens (for men and women)
- CDs (the residents love KIDZ BOP!)
- Shoelaces



Community Services

Thanks so much to all the families that supported the Canned Food Drive, and the Girl Scouts event making snuggly scarves for Little Smiles.

The Beaumont community continues to generously support the many outreach projects that we offer. We recognize that there are many worthwhile opportunities to give, both through school and otherwise. Please do not feel pressure to support all the Community Service events. Choose which projects suit your family, there are several throughout the school year from which you can choose. Here are details about a few that are coming up.

Beaumont's New Pet Mascot 2010/2011 School Year!

This year, children are invited to bring in pictures of their pets to enter into the Beaumont Mascot fundraiser, benefiting Save the Children. Each class will collect pictures beginning now until Tuesday, November 23rd. We will randomly draw one winner from each class. Then, during the week after Thanksgiving, children will be able to see the pets for each class on a display in the lobby, and can purchase tickets to vote for their favorite. Tickets cost a quarter and will be sold in the lobby before school each day. All funds raised will be used to purchase sheep, goats, chickens and cows for needy villages around the world through Save the Children. These animals provide much needed milk, wool, fertilizer, eggs and more.

On Friday, December 3 we will tally the votes to find the winner. The winning pet will have his/her picture posted in The Bear Facts and in the office for the rest of the school year. We will let you know how much money is raised and will display a map in the lobby that shows where we were able to help a needy village(s).

The Giving Tree

This holiday season we will be collecting items for the St. Mary's Franciscan Shelter for homeless families. St. Mary's is an emergency shelter assisting homeless families in South Eastern Pennsylvania to get back on their feet. Some items that will be listed as leaves on our tree are: kitchen towels and potholders, umbrellas, forever stamps, gallon size Ziploc storage bags, baby monitors, bath towels, twin size sheets, shower curtains with rings and gift cards to Giant, Staples, Home Depot, Walmart and WaWa. They are thrilled that we will be assisting them this holiday season.

We will also be collecting items for Little Smiles. Items that we are requesting are: Activity books, coloring books, crayons, markers, and DVD's (G or PG Rating).

Your child may bring home a leaf with an item written on it. Please feel free to purchase any of the items on this list. For the gift cards, any denomination is appreciated. Boxes will be in the lobby.

Coat Drive

We will be collecting gently used coats for Philadelphia Cares from now until Martin Luther King Day. Coats of all type and size are happily accepted. Please bring your coats in and drop them in the lobby. Please no dirty or damaged coats. Thank you!

Little Smiles

We now have a collection box in the lobby that will be there all year for Little Smiles. Students can help brighten the days for patients at CHOP by making get well cards, donating new activity books, and making friendship bracelets. We are also collecting little girl fancy dresses in all sizes for a fun outing for patients of CHOP.

Thank you so much for your kind support!



FATHER-DAUGHTER DANCE 2011

Creative Planning Meeting

We are starting to plan the Father-Daughter Dance 2011! The dance is not until February 19th, but it really helps to explore artwork projects before the holiday break. This year's theme is a combination of the sentiment "Little Girls are Sugar and Spice and Everything Nice..." and Candy Land.

On **Tuesday, December 7th at 9:15AM** we will have a meeting to begin planning wall artwork, murals, centerpieces, stage decoration (boxes), lobby decoration, gym decor etc.

This meeting is for everyone and anyone - really - if you can simply trace, cut and/or paint your help is needed! Uber creative talent is also being sought after!

Think Candy Cane Forest, Lollipop Woods, Gumdrop Mountains,
Gingerbread Tree...

Again, the meeting will be **Tuesday, December 7 at 9:15AM**. We will meet in the cafeteria to brainstorm ideas and assign projects. Hope you can make it!

Thank you,

Laura Sedor, Sue Moody, Jamie Mushlin and Tiffany Dowling

Questions? laurasedor@comcast.net

Support CAPCO...

Buy Gift Cards through CAPCO.

AVOID transaction fees and a percentage of the sale goes to CAPCO. It's a win-win!



2010 is the year of the Gift Card!

They are great to use as stocking stuffers, gifts for the babysitter, teachers & hostess gifts!!

All profits directly benefit the Junior After Prom celebration.

1. Orders will be taken until December 12.
2. Completed forms and **checks made payable to CAPCO** should be mailed to:
Patti Campbell, CAPCO 2011 Co-Chair
216 Lenape Drive, Berwyn, PA 19312
3. **Pick-up:** Friday Dec 17th between 11-2PM in the Conestoga Lobby, or Saturday December 18th at Tredyffrin Library between 11-2PM.
4. Please provide your child's name if they will be picking up your order.

5. If you have any questions, please email patticampbell4@verizon.net

Indicate Quantities

Visa gift card ____ \$25 <i>(no additional fees!!)</i>	GameStop _____ \$25
Barnes & Noble ____ \$10 ____ \$20 ____ \$25	iTunes ____ \$15 ____ \$25
Bagel Factory ____ \$8 for 1 dozen bagels	Outback Restaurant _____ \$25
Bertucci's Italian Restaurant ____ \$25	P.F. Chang's China Bistro _____ \$25
Bonefish Grill _____ \$25	Regal Entertainment Group _____ \$25
Build-A-Bear Workshop ____ \$25	Ruby Tuesday ____ \$25
Chili's Restaurants ____ \$25	Sports Authority ____ \$25 ____ \$100
Dick's Sporting Goods ____ \$25	Starbucks ____ \$25 ____ \$10
Dave & Buster Power Cards ____ \$10 ____ \$25	TGI Friday's _____ \$25

Order Summary

Total Number of cards ordered _____; **Total Amount Due: \$** _____

Checks should be payable to CAPCO. Orders due Dec 12!

CAPCO is the Conestoga parent organization that organizes the Junior After Prom party. CAPCO started in 1999, and in the past has run post-prom events at the school, Hershey Park and Dave & Busters. The Prom ends at 10PM, and often some unwise decisions are made afterwards. CAPCO provides a safe alternative activity. About 300 Juniors and their dates attend annually.



BEAUMONT GRADE LEVEL NEWS

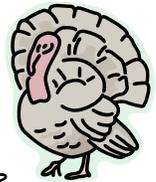
Monthly Report

November 2010

Kindergarten

The theme for November was "Home Sweet Home." The thrust of this theme focused mainly on families, family traditions and family diversity. Many thematic activities were integrated throughout the language arts and math curriculum. Under the umbrella of this theme, Beaumont's kindergarten students also learned how many of our Thanksgiving traditions originated from the first Harvest Feast celebrated by the Native Americans and Pilgrims.

The children were engaged in a reenactment of the first Harvest Feast. They made costumes and dressed up as Native American and Pilgrim boys and girls and sat down together to enjoy their very own harvest feast. The day before the feast, they participated in the preparation of the food. Parent volunteers, as our "master chefs", supervised all four cooking stations which every student circulated through. The cooking stations were designed to provide hands-on opportunities for the children to apply skills they are taught in school such as; measuring, estimating, and following step-by-step directions to a real life experience.



In Science we learned about hibernation, animal coverings, and seasonal changes. Located in the kindergarten hallway is a bear cave where all our kindergarten bears are fast asleep for the winter. Shhhhhh....let's hope they stay that way until the spring.



First Grade

What are literacy workstations? First grade has put together literacy work stations which review, strengthen and challenge our first grade students to apply their reading skills in phonics, phonemic awareness, structural analysis, oral fluency and comprehension just to name a few. The children enjoy the variety of choice and independence as they get to participate in these activities during Language Arts time. Be sure to ask your child what their favorite workstation is and why. As always thank you for your continued help and support! ☺



Second Grade

November was an exciting month for second grade. In Social Studies, we concluded our study of dinosaurs. The children are full of information and can most definitely tell you some facts about numerous types of dinosaurs! Ask any 2nd grader about the importance of tooth shape in a dinosaur's diet; or the relevancy of how learning about the past helps us understand the world that existed at the time and how it relates to our world today; or even how the Earth looked during the time when the biggest creatures to ever exist in our world roamed the land. It was a wonderful unit to share!



We will begin to explore the culture of China - studying many exciting and interesting aspects about China including the people; customs; artifacts; foods; literature, etc. We will also celebrate the Chinese New Year right here in school, complete with masks that we will create at home and bring in for the big celebration. It is sure to be a grand event!

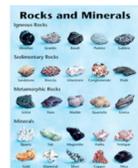
In Science we completed our study of balancing and weighing and will begin to learn about soils. 2nd Grade is a busy place!

Third Grade



The third grade has begun our study of Native American tribes. The third grade students will be divided into tribes for our walk-through Tribal Tribute exhibit. Wait until you see this - you will be blown away!☺ Please put the date for our Tribal Tribute onto your calendar:
Friday, December 17th from 9:15-10:00.

In science, we have begun our study of rocks and minerals. This unit will help give us a good foundation for our next unit, Land and Water.



Fourth Grade

4th grade has been very busy this month. In Social Studies, the classes have been studying colonization of America. The students are learning the stories of The Lost Colony of Roanoke, Jamestown, Pilgrims, Puritans, and Quakers. In Science, we finished our study of Ecosystems and have begun our unit called Electric Circuits. The students will be learning how to create basic circuits with wires, batteries, and light bulbs. The unit will conclude with the students creating houses out of shoeboxes that they will have to wire so that it lights up. Please continue to send in any extra shoeboxes you have at home for this project. The Book Show projects have been brought in and they look wonderful! We are all enjoying the multitude of summaries, game boards, mobiles, dioramas, journals and many other types of projects. After Thanksgiving break, the students will begin their next big in-school project, the creating of the traditional winter stories.

Special Areas & Support Areas

Applied Technology

Since the beginning of the school year a lot has happened in Applied Technology. All students reviewed the district's Acceptable Use Agreement and discussed strategies for dealing with cyber bullying. Additionally the students were introduced to the new version of HyperStudio and many of its features.

Kindergarten started the school year learning basic computer skills. The kindergarteners practiced using the tools and colors in HyperStudio to create their "All About Me" projects. The students also learned the concept of patterns by manipulating colors and objects in different orders.

First Grade studied basic computer skills including starting the computer, logging on, and accessing files. The students applied basic skills learned in the exploration of HyperStudio to creating an "All About Me" project describing and illustrating personal attributes. These students are learning simple map skills and will be creating a map with a key.

Second grade classes learned about map skills studying concepts of county, state, and country as well as continents and oceans. The students create a free-form map of the world including labels for all the continents and oceans. They are also learning about grid coordinate maps.

Third Grade also worked on a Map Skills unit learning about the concepts of directions, symbols, grid coordinates, and scale and distance. The students are creating a map of a community using grid coordinates. The students follow up by turning the map in an activity where peers replace missing objects using grid coordinate instructions. Third Grade is also learning to touch type starting with the home keys and adding additional keys with each lesson.

Fourth Grade worked on a Map Skills unit working on the concepts of directions, symbols, grid coordinates, and scale and distance. The students are creating mystery maps where concepts learned are incorporated into clues used to solve the mystery.

Art

Kindergarten has been learning through the use of art eyes about still life and landscape paintings. They have been given the opportunity to create both. Soon we will be learning about artist Mondrian and his use of primary colors.

First grade continues to follow the sun as we use watercolor techniques to create beautiful skies inspired by Monet's painting, *Impression Sunrise*. We are also making paintings that explore reflections which are based on Monet's water lily series with Japanese bridge. Classes have also learned about Frida Kahlo and created self portraits as she would have done.

Second grade learned about Ancient Egypt and created cartouche with hieroglyphics of their initials inside. They will continue to learn about art from ancient times when we begin our studies on Greece.

Third grade continues to learn about Renaissance art while studying the art of Leonardo da Vinci. We are continuing to work on our Mona Me portraits. Next we will learn about Native Americans and create story tellers and totem poles.

Fourth graders completed drawings of themselves inside of a dollar bill and will be learning about the sculptor Henry Moore.

Library

In kindergarten we have finished our study of fairy tales and will begin reading folktales. First and second grade are each beginning a new unit. First graders will be hearing Japanese folktales while second grade is introduced to Chinese folktales. Third graders are busy working on their dictionary unit. Fourth graders read information on the Mayflower using various types of materials and then compared and contrasted their information and the sources. They are now busy finding the answers to their "Pickle" questions, using both print and internet sources.

The Beaumont 100 Book Club is taking off. Many children have been routinely turning in their sheets. There are small prizes for each sheet through 100; in addition for each sheet of 25 books a child puts their name in a jar for a drawing. We have three drawings a year. The first will be just before Winter Break. For every 200 books a child reads they receive a free paperback book. This year we have added something new. Each time someone reads 100 books, they add a new leaf to our "Reading Tree." Each grade has a different color leaf and so far there are more third grade gold leaves than any other color. There is still time to start logging the books. If the sheet sent home the first of October has been lost, just ask in the library and we will gladly provide another.

Music

Congratulations to the 4th Grade Orchestra and Chorus students! Both groups performed a great concert on November 16th, including the pieces "Ode to Joy" played by the orchestra and "A Turkey Followed Me Home" sung by the chorus. Keep up the great work! In music class the students are continuing the study of composers by learning about the American composer/conductor, Aaron Copland. So far the students are unanimous in their decision that "Rodeo" is their favorite piece by Copland. The students are also exploring the various components of music, such as the beat, rhythm, and melody. You can reinforce some of these concepts by asking your child to show you the steady beat of their favorite song, and then clap for you the rhythm.

Physical Education

In third and fourth grade we are finishing up with fall fitness testing. The fitness gram consists of five tests that measure aerobic capacity, flexibility, upper body strength, and abdominal strength. These tests will be repeated again in the spring. After Thanksgiving we will start our basketball unit! During this unit students will learn dribbling, passing, shooting, and small game situations. We will play activities that will challenge kids to use these skills in a fun atmosphere. Students will also learn about teamwork and sportsmanship. The primary level will continue to play games that will help them with body awareness and personal space.

News From Math Club



First Grade

Since the beginning of the school year, first graders have been working on concepts related to number sense. They have been focusing on ways to become flexible thinkers by determining different ways to make numbers. (For example, you can make 8 with a 2 and a 6 or with 3 and 5.) They have also been practicing problem solving by using the strategies of identifying important math information and drawing pictures. Finally, in support they have been working on addition and subtraction facts.

Suggestions to help your child:

- Play cards game such as Tens Go Fish and Double and Compare. (See my page on the Beaumont's website for directions and materials.)
- Ask your child to explain his/her thinking when solving a homework problem.
- Use flash cards to practice facts or try one of the websites listed.

Second Grade

Most of the time thus far has been spent working on addition and subtraction strategies. These are useful for students so that they become efficient with their facts; which help in becoming computationally fluent. Second graders have also been working on place value. A solid foundation of this is critical for understanding the concepts of regrouping and renaming in addition and subtraction.

Suggestions to help your child:

- Play games like tens go fish and Turn over Tens (See my page on Beaumont's website for directions and materials)
- Practice flash cards with your child.
- Reinforce strategies, such as doubles, ways to make 10, near doubles, skippers, fact families, etc.
- Play games on the listed websites.
- Talk about equivalent ways to make two digit numbers. (Ex. 38 could be 3 tens and 8 ones, 2 tens and 18 ones, 38 ones, etc.)

Third Grade and Fourth Grade

Over the past few months, they have been learning about concepts in the number sense and operations strand. The skills in this strand are the ones that we generally think of elementary children learning in math, such as place value, addition, subtraction, multiplication(4th grade), ordering/ comparing numbers, fact families, estimation, rounding, odd and even numbers and problem solving.

Vocabulary

In the study of math, there are many vocabulary words that need to be remembered. One way in which you can help your child to become a better math student is to reinforce math vocabulary. Some of the words/phrases that we studied are:

Expanded form, standard form, word form, odd numbers, even numbers, difference, sum, multiple (4th grade), factor(4th grade) and product (4th grade)

Ways that you can help your child:

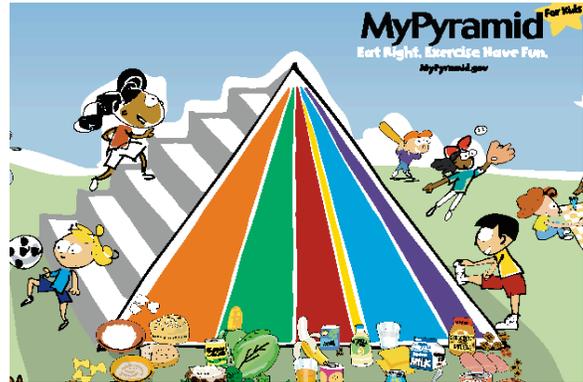
- Make flash cards and play concentration, hangman and tic-tac-toe. (In order to guess a letter or make a move, your child has to answer a math problem.)
- Pick one problem from your child's homework and have him/her explain how he/she solved it or why it is the correct answer.
- Have your child play games on some of the websites provided on my page of the Beaumont website.



Elementary Physical Education News Dec/Jan 2011-2012



Simple tips for FAMILIES on the New Food Pyramid



Eat Right

1. *Make half your grains whole.* Choose whole grain foods, such as whole wheat bread, oatmeal, brown rice, and lowfat popcorn, more often.
2. *Vary your veggies.* Go dark green and orange with your vegetables – eat spinach, broccoli, carrots and sweet potatoes.
3. *Focus on fruits.* Eat them at meals and at snack time, too. Choose fresh, frozen, canned or dried and go easy on the fruit juice.
4. *Get your calcium rich foods.* To build strong bones serve lowfat and fat-free milk and other milk products several times a day.
5. *Go lean with protein.* Eat lean or lowfat meat, chicken, turkey and fish. Try to vary with more dry beans and peas.
6. *Change your oil.* We all need oil. Get yours from fish, nuts, and liquid oils such as corn, soybean, canola and olive oil.
7. *Don't sugarcoat it.* Choose foods and beverages that do not have sugar and caloric sweeteners as one of the first ingredients.

Exercise...yes, EXERCISE is part of the pyramid!

1. *Set a good example.* Be active and get your family to join you. Have fun together. Play with the kids or pets.
2. *Establish a routine.* Set aside time each day as activity time- walk, jog, skate, cycle or swim. Adults need at least 30 minutes of activity most days each week and children 60 minutes everyday or most days.
3. *Have an activity party.* Make the next birthday party centered on physical activity. Try backyard Olympics or have a bowling party or skating party.
4. *Set up a home gym.* Use household items, such as canned foods as weights. Stairs can substitute for stair machines.
5. *Move it!* Instead of sitting through TV commercials, get up and move. Remember to limit TV watching and computer time also!
6. *Give activity gifts.* Give gifts that encourage physical activity – active games or sporting equipment.

Go GREEN with MyPyramid (10 tips for environmentally friendly choices)

1. *Buy direct from a farmer.* Check your local farmer's market. They may have traveled less miles and used less packaging.
2. *Buy in bulk.* Shop in stores that sell foods in bulk bins to reduce solid waste and resource use.
3. *Look for the USDA organic seal.* Organic crops are raised without using most conventional pesticides or petroleum-based fertilizer.
4. *Reduce food package waste.* Omit single serve containers and juice boxes from your grocery list. Buy milk and yogurt in the largest container you will use.
5. *Eat seasonally.* Seasonal fruits and vegetables can be less expensive, too.
6. *Vary your choices in meat and beans.* Less energy is used to produce beans and legumes, compared to the energy used to produce meat or poultry.
7. *Start a vegetable garden.* When you grow your own food, you control the use of pesticides and omit the need for transportation or packaging.
8. *Think natural.* Buy foods in their natural state or minimally processed, such as rolled oats instead of instant oatmeal, or fresh chicken instead of chicken nuggets. This reduces the fossil fuels needed for processing.
9. *Drink tap water.* Buy a reusable water bottle and fill it with tap water. The processing, packaging, transportation, and storage of bottled water use more fossil fuel and bottle disposal adds to household waste.
10. *Cook at home.* Consider cooking methods that use less energy, such as microwaving and steaming.

Activity Calendar

- 12/03 **Jingle Elf Run** Downtown West Chester - race for all ages.
<http://www.runcrs.com/>
- 12/05 **Brian's Run 2005** Races for all ages to benefit disabled persons.
<http://www.briansrun.org/>
- 12/12 **Reindeer Romp:** Race for all ages to raise awareness of cancer.
<http://www.reindeerromp.org/index.htm>

Resources:

Food Pyramid: www.mypyramid.gov
Active.com: <http://www.active.com>

THEME WEEK 2011 THE HUMAN BODY

Decorating Committee Needed

We are looking for a decorating committee to work with Theme week chair Sandy Weston to bring Beaumont's hallways to life with her vision of the human body. Sandy is really enthusiastic about this topic and has great experience as she is the owner/founder of Weston Fitness.



phillipmartin.com

So pull together some of your friends and let's make this the best body Beaumont has ever seen!

Contact me at pamalbertson@comcast.net if you are interested in helping with theme week.



Are you considering a holiday gift for a T/E staff member?



Honor them by helping to make a child fly...
make a tax-deductible donation to FLITE
in their names.

Simply fill out the form below. Your chosen recipient(s) will be notified by letter of the honor (but not the dollar amount), and your donation will go a long way toward fulfilling FLITE's mission of helping all district students reach their potential.

Please accept this gift of \$ _____ for FLITE in honor of the staff member(s) listed below.

Staff member honored	School	Student's name

*Additional names can be attached on a separate page.

Name _____ Date _____

Address _____ City _____ Zip _____

Email _____ Phone _____

All checks should be made payable to FLITE and mailed to: PO Box 806, Southeastern, PA 19399-0806.

Or go to www.FLITE-pa.org and pay via PayPal.

Important note: This opportunity is available all year long. Please visit www.FLITE-pa.org at any time to download additional forms, learn more about FLITE, find out how you can help, or sign-up to receive FLITE's newsletter.

FLITE works in partnership with the Tredyffrin/Easttown School District to help all district students reach their potential. FLITE recognizes that some children do not have the financial, emotional, and environmental support to succeed in school. FLITE aims to invest in helping these students, and thereby invest in the good of our entire community. FLITE is an IRS recognized non-profit organization under 501(c)(3) of the tax code. All donations are tax-deductible.

SUPPORT BEAUMONT WHILE YOU SHOP

- ❖ Use your **TARGET VISA** or **TARGET DEBIT CARD** – it's a win/win shopping trip
 - You save **5%** on every **TARGET** purchase
 - **TARGET** donates **1%** of your purchase to Beaumont
 - You need to select Beaumont ID #91445 when enrolling your **TARGET VISA** in the *Take Charge of Education* program
 - ❖ Support the **BOX TOPS FOR EDUCATION** program
 - Buy participating **GENERAL MILLS** products and clip the **BOX TOPS COUPONS** and send into school
 - Shop stores like Nordstrom, Lands End, Walmart, and lots more at the Marketplace at www.boxtops4education.com
 - ❖ Enroll your **GENUARDI'S CARD** at <http://www.escrip.com/merchants/identity/genuardis/index.jsp> and select Beaumont Elementary HSA to receive the percentage contribution.
-

MIXX IT UP BEAUMONT!

Parent Social

The Parent Social co-chairs would like to send a big thank you to the ladies that helped make the night of November 6th the best it could possibly be. Marianne Marquet, Aralisha Newbold, Claire LaTorraca and Debbie Ridder were all kind enough to spend their *Saturday afternoon* organizing and decorating the many fantastic items we received for our auction. It was a group effort to end the night as well and for that we thank you! Also, we would like to extend another round of thanks to the Beaumont families and staff that donated their time, money or goods to our fundraiser. The generosity displayed by our Beaumont community was truly impressive and very much appreciated. The event was a huge success!

Dawn Poeta and Monique McQuaid, Parent Social Chairs



PIZZA BINGO IS COMING!!

****Friday, January 14th, 2011 ****

Two seatings: 5:30 & 6:30

\$20 per family

Return bottom portion in an envelope labeled "PIZZA BINGO"

* Include payment of \$20.00 per family to BEAUMONT HSA *

FAMILY NAME: _____

OF CHILDREN PLAYING BINGO: _____

WE WILL ATTEND:

____ 1ST SEATING

5:30-6:00 Dinner, 6:00-6:45 Bingo

____ 2ND SEATING

6:30-7:00 Dinner, 7:00-7:45 Bingo

WE WOULD LIKE:

____ LARGE CHEESE PIZZA ____ LARGE PEPPERONI PIZZA

IF YOU WOULD LIKE A 2ND PIZZA, PLEASE CHECK HERE ____ AND INCLUDE AN ADDITIONAL \$10.00

4 DRINKS ARE INCLUDED WITH YOUR MEAL:

OF SODAS: ____ # OF BOTTLED WATERS: ____

ADDITIONAL DRINKS CAN BE PURCHASED AT THE EVENT FOR \$1 EACH

WE WILL:

____ DONATE BINGO PRIZES (please drop in front lobby starting NOW!)

IF YOU WOULD LIKE, IN LIEU OF DONATING A PRIZE, SMALL DONATIONS WILL BE ACCEPTED TO ALLOW US TO PURCHASE PRIZES FROM 5 BELOW. YOU MAY INCLUDE THIS WITH YOUR PIZZA PAYMENT.

____ DONATE A DESSERT FOR OUR SEATING (bring to event)

____ VOLUNTEER during the event (KITCHEN OR BINGO)

Email address _____

(to be used only if needed for reservation question or volunteer contact)

For additional information: <http://www.beaumonthsa.org/pizzabingo.php> or

contact one of the Co-Chairs:

Melissa Acton - actonsilly@verizon.net or 610.256.2123

Heather Giacoio - hegiacoio@yahoo.com or 610.993.2832

Heather Greenberg - bobbyheather@me.com or 610.640.3344



School Board Update



Summaries of School Board Committee Meetings for November 2010

Visit www.tesd.net and click on 'School Board' for meeting dates, agendas and minutes.
The public is warmly invited to all Committee meetings.

Education Committee, Chair: Karen Cruickshank

Prepared by: Committee Chair

The Education Committee met on November 9, 2010. The Committee received updates on the Highway Safety program. The District will continue to offer highway safety programs for interested Conestoga students. The size of the highway safety classes may be increased to 60 students.

The Keystone Exams has caused the District to have to re-do its history/civics/government courses at the high school. As a result, 9th grade Conestoga students will begin taking a world history course during the 2011-2012 academic year. The world history course will be offered at the AP, Honors, and Accelerated levels. Since the District has not offered a history course for 9th graders at the AP level before, the Committee asked the administration to make certain that parents and students fully understand the implications of taking an AP course at the 9th grade level.

Finally, the Committee received a report on world languages implementation. Enhancements to the 5-12 world language program have begun. German and Latin will be phased out of the 5-8 program beginning in the 2011-2012 academic year; however, current 7th graders taking German or Latin will be able to continue taking these courses during their 8th grade year. For incoming middle school students, 5th graders will be introduced to both Spanish and French. As these 5th graders move into the 6th grade they will choose either French or Spanish to study for the year. Then moving onto 7th and 8th grade, students will continue taking Spanish or French every day. Very exciting is the addition in the high school of a sixth year foreign language course in German, Latin, French and Spanish.

Our next meeting is scheduled for Tuesday, January 11th at noon at the TEAO building.

Facilities Committee, Chair: Pete Motel

Prepared by: Business Office

The Facilities Committee met on November 23rd. The Committee discussed parking at the Hillside Elementary School including the possibility of changing where the staff and parents park but at no added cost to the District.

The District architect presented the construction report. The report listed the following projects as being completed; the asphalt paving and seal coating project, the pothole patching project, the classroom renovations project, the stage, curtains and lighting replacement projects, the roofing at VFMS and VFES projects, the carpeting and access flooring project at several schools and the demolition of the residential structures on Old Lancaster Road. The following projects are either in the closeout or punch list phase: the mechanical and electrical projects and the demolition of the ESC building.

The administration and technology consultant presented a report on proposed District information technology network improvements. The administration also talked about how the project would be implemented, funded and monitored. The Committee noted that the project had already been reviewed by the Education Committee. The Committee asked the consultant to submit a proposal for review by the Board.

The Committee reviewed the latest version of the capital sources and uses report. The report includes designated General Fund balance contributing to the funding of capital projects through 2017-2018.

The administration presented student enrollment projections. Both the straight line and PEL projections indicate very little growth in student enrollment through the school year 2013-2014, but that Devon Elementary and New Eagle Elementary schools are the closest to capacity and must continue to be monitored closely. The Committee agreed that, according to these estimates, the District should have sufficient space for the next school year. Enrollment will be monitored weekly during the school year and actual kindergarten registrations will replace projections when those numbers become available.

Lastly, the Committee asked the administration to provide a cost benefit analysis, timeline and schematics for a solution for District storage and permanent location for the Maintenance and Transportation departments at the January Facilities meeting.

Finance Committee, Chair: Kevin Mahoney

Prepared by: Business Office

The Finance Committee met on November 8th. The draft

audit for the 2009 – 2010 fiscal year was presented. The audit procedures were discussed and the District's financial operations were reviewed. The Committee accepted the audit report and approved the accompanying fund balance designation and asked that they both be included on the consent agenda for the next Board meeting.

The administration presented the Treasurer's report for the month ending October 2010. The administration reviewed the District's revenues, noting the lower than budgeted collections for the interim and real estate transfer taxes and the higher than budgeted collections for the delinquent tax. The Committee also reviewed the year to date expenditures pointing out that the percent of budget spent and encumbered is consistent with the previous year and none of the functional areas are over budget.

The Committee heard a presentation on the latest version of the budget projection model. The Committee reviewed the projection's underlining assumptions and suggested several changes to the 2011-2012 year to reflect current revenue collections and economic conditions. This projection will be reviewed again in December. The administration reviewed the budget calendar and the special meeting scheduled for January 3rd to discuss Act 1 exceptions and the 2011-12 preliminary budget.

The meeting concluded with questions from the audience and a discussion concerning the pending PSERS employer rate spike and its impact on projected budgets. Committee members urged the public to contact their state representatives to voice concern over the crisis.

Policy Committee,

Chair: Betsy Fadem

Prepared by: Committee Chair

The Policy Committee began the November Meeting by reviewing Policy 5116 - Non Resident Students- Enrollment Eligibility. The Committee recommended that the District no longer allow non-resident students who intend to move into the District by October 1st to begin school in T/E until they move in. The Committee will review this policy again at its January meeting for some clarification on 1305's and 1306's.

The next item of business was a re-review of the recommended revisions to Policy 5406 – Administration of Medication to Students. Changes to this policy have been discussed for the past several months as the Committee worked to revise the policy to include several new State regulations. At the November Policy meeting, input and suggestions from our school nurses was noted and revisions made. This policy was recommended for approval by the full Board at their November meeting.

The Committee then discussed Policy 2110 – Superintendent as Executive Officer and recommended their

revisions for full Board approval at the November Board Meeting. Since all the language from Policy 2630 was incorporated into Policy 2110, Policy 2630- Review of Administrative Decisions was recommended to the Board for repeal. Additionally Policy 2111- Appointment (Election) of Superintendent of Schools was reviewed and the Committee felt no revisions were needed at this time.

The Committee also recommended Policy 1120- Communication with School Board for full Board approval. The revisions to this policy indicate the Administration's role in redacting specifically protected student and teacher names in written communication from the public.

The Committee will continue its review of Policy 51199- Foreign Students and International Exchange Study Program at the January Policy meeting.

Public Information Committee,

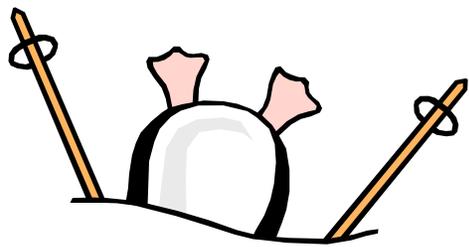
Chair: Debbie Bookstaber

Prepared by: Public Information Office

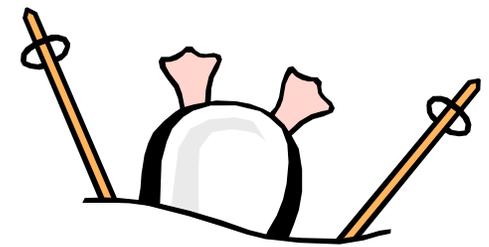
The Public Information Committee met on November 9th. The Committee reviewed open records request from residents since September 2010. Following this review, the Committee requested that the administration post the PDE 2028 budget document and the Act 93 administrative employment agreement on the TESD web site.

The Committee discussed two communication pieces: the School Board Committee Summary sheet that is included in school newsletters and posted on the TESD web site; and the T/E Board Talk TV program. The Committee recommended that the District continue producing the School Board Committee Summary sheet in its current format through November. The Committee may consider other formats for providing Committee summaries in the future. The Committee also recommended that the District produce T/E Board Talk programs on an as-needed basis rather than on a set schedule. In addition, priority discussions from regular Board meetings may be aired as short videos with an introduction from Board members.

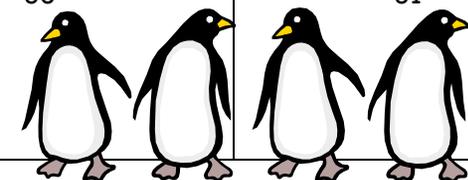
The Committee discussed communication regarding the budget. The Committee recommended that a budget update letter be sent to the community this winter. The letter will review the current budget situation. In addition, the fall/winter T/E Insight invited the public to the December 13, 2010 Finance Committee meeting and the January 3, 2011 special School Board meeting. Lastly, the Committee requested that the Earned Income Tax (EIT) Frequently Asked Questions be removed from the web site and the October 18th EIT program be removed from T/E TV on November 19th. The Committee will meet next on January 11th at 9:00 am in the TEAO.



DECEMBER 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 8:00 Band 3:30-4:30 4 th Grade Sports 3:30-4:30 Lingo Kids Day 5	2 3:30-4:30 Science Explorers Day 6	3 9:30 Circus Day in 2 nd grade 11:30 - 1:00 Reach visits 4 th grade Day 1
6 3:30-4:30 2 nd Grade Sports 7:30 School Board Mtg. Day 2	7 3:30-4:30 3 RD Grade Sports Day 3	8 8:00 Band 3:30-4:30 4 th Grade Sports 3:30-4:30 Lingo Kids Day 4	9 8:00 Chorus 3:30-4:30 Science Explorers Day 5	10 Day 6
13 Day 1	14 9:30 & 1:00 Kindergarten Gingerbread Tea Party Day 2	15 8:00 Band 9:15 & 10:15 Cultural Arts Program 3:30-4:30 Lingo Kids 3:30-4:30 4 th Grade Sports Day 3	16 8:00 Chorus 3:30-4:30 Science Explorers Day 4	17 9:15 3 rd Grade Tribal Tribute Day 5
20 Day 6	21 10:00 3 rd Grade to CHS Play Day 1	22 Day 2	23 2:00 Holiday Parties & Sing a Long 3:30-4:30 Science Explorers Day 3	24 NO SCHOOL
27 WINTER BREAK - NO SCHOOL	28 WINTER BREAK - NO SCHOOL	29 WINTER BREAK - NO SCHOOL	30 WINTER BREAK - NO SCHOOL	31 WINTER BREAK - NO SCHOOL



TREDFYFRIN EASTTOWN SCHOOL DISTRICT

Elementary Cycle Lunch Menu
September 2010 - December 2010
Keeping it Green!



Lunch Prices

Paid Lunch: \$2.35
Reduced Lunch: \$.40

Point of Sale Payment can be made by check or cash, please include your child's name and pin # with all pre-payments. You may also pay on line (www.paypams.com) There is a \$10 per student registration fee per year and fees may apply to on-line deposits.

Calendar Legend

Follow the calendar and color key to our six week cycle menu.

■ No School Elem.

1	4
2	5
3	6

SEPT

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

OCT

M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

NOV

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

DEC

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

Choice "D" Available Daily: Peanut Butter and Jelly Sandwich

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	Entrée (Bread/ Protein)	A Homemade Macaroni & Cheese ▼ B Cheeseburger on a Whole Wheat Bun C Chicken Salad in a Whole Grain Pita E Tuna Salad Platter	Bean & Cheese Burrito w/ Salsa/Sour Cream ▼ Cheeseburger on a Whole Wheat Bun Chicken Salad in a Whole Grain Pita Chicken Caesar Salad	Cheesesteak Sandwich on a Bun Cheeseburger on a Whole Wheat Bun Chicken Salad in a Whole Grain Pita Garden Salad ▼	Chicken Stir-Fry Vegetables over Rice Cheeseburger on a Whole Wheat Bun Chicken Salad in a Whole Grain Pita Fruit Salad w/ Yogurt ▼	French Bread Pizza ▼ Cheeseburger on a Whole Wheat Bun Chicken Salad in a Whole Grain Pita Western Salad
	Fruit	Mandarin Oranges ▼ Fresh Apple ▼ Tossed Salad ▼ Stewed Tomatoes ▼	Sliced Peaches ▼ Fresh Orange ▼ Tossed Salad ▼ Seasoned Corn ▼	Sliced Pears ▼ Fresh Kiwi ▼ Tossed Salad ▼ Baked Potato Puffs ▼	Pineapple Chunks ▼ Fresh Grapes ▼ Tossed Salad ▼ Stir Fry Vegetables ▼	Mixed Fruit ▼ Fresh Banana ▼ Tossed Salad ▼ Green Beans ▼
	Veg					
	WEEK 2					
	WEEK 3					
WEEK 2	Entrée (Bread/ Protein)	A Chicken Nuggets w/ Wheat Dinner Roll B Veggie Burger & Cheese on a Bun ▼ C Sliced Turkey and Cheese Wrap E Tuna Salad Platter	Oven Toasted Cheese Sandwich ▼ Veggie Burger & Cheese on a Bun ▼ Sliced Turkey and Cheese Wrap Garden Salad ▼	Meatball Sub Veggie Burger & Cheese on a Bun ▼ Sliced Turkey and Cheese Wrap Chicken Caesar Salad	Pancakes & Turkey Sausage Veggie Burger & Cheese on a Bun ▼ Sliced Turkey and Cheese Wrap Fruit Salad w/ Yogurt ▼	Pizza Slice ▼ Veggie Burger & Cheese on a Bun ▼ Sliced Turkey and Cheese Wrap Western Salad
	Fruit	Mandarin Oranges ▼ Fresh Apple ▼ Tossed Salad ▼ Whipped Potatoes ▼	Sliced Peaches ▼ Fresh Orange ▼ Tossed Salad ▼ Tomato Soup ▼	Sliced Pears ▼ Fresh Grapes ▼ Tossed Salad ▼ Carrot Coins ▼	Orange Juice ▼ Fresh Pear ▼ Tossed Salad ▼ Cucumber Slices ▼	Applesauce ▼ Mango ▼ Tossed Salad ▼ Corn ▼
	Veg					
	WEEK 3					
	WEEK 4					
WEEK 3	Entrée (Bread/ Protein)	A Apple Cinnamon Dippers ▼ & String Cheese ▼ B Turkey Hot Dog w/ Bun C Hummus Bite (Fresh Veggies, Strg. Cheese, Pita Wedge) ▼ E Tuna Salad Platter	Baked Ziti w/ Sausage Turkey Hot Dog w/ Bun Hummus Bite (Fresh Veggies, Strg. Cheese, Pita Wedge) ▼ Garden Salad ▼	Veggie Burger w/ Cheddar Cheese & Salsa on a Bun Turkey Hot Dog w/ Bun Hummus Bite (Fresh Veggies, Strg. Cheese, Pita Wedge) ▼ Chicken Caesar Salad	Soft Chicken Taco w/ Shredded Cheese, Tomato, Lettuce, Salsa Turkey Hot Dog w/ Bun Hummus Bite (Fresh Veggies, Strg. Cheese, Pita Wedge) ▼ Fruit Salad w/ Yogurt ▼	Whole Grain Double Stuffed Crust Pizza ▼ Turkey Hot Dog w/ Bun Hummus Bite (Fresh Veggies, Strg. Cheese, Pita Wedge) ▼ Western Salad
	Fruit	Sliced Apples ▼ Fresh Grapes ▼ Tossed Salad ▼ Fresh Baby Carrots ▼	Sliced Peaches ▼ Fresh Orange ▼ Tossed Salad ▼ Green Beans ▼	Sliced Pears ▼ Fresh Tangerine ▼ Tossed Salad ▼ BBQ Baked Beans ▼	Pineapple Chunks ▼ Fresh Apple Tossed Salad ▼ Corn ▼	Mixed Fruit ▼ Fresh Banana ▼ Tossed Salad ▼ Snap Peas w/ Dip ▼
	Veg					
	WEEK 4					
	WEEK 5					
WEEK 4	Entrée (Bread/ Protein)	A Whole Wheat French Toast w/ 8oz Yogurt ▼ B Grilled Chicken on a Bun C Tuna Salad on Whole Wheat Bun E Tuna Salad Platter	Nacho's ▼ w/ Beef, Cheese & Salsa ▼ Grilled Chicken on a Bun Tuna Salad on Whole Wheat Bun Chicken Caesar Salad	Toasted Turkey Ham & Cheese Sandwich Grilled Chicken on a Bun Tuna Salad on Whole Wheat Bun Garden Salad ▼	Oven Baked BBQ Chicken Grilled Chicken on a Bun Tuna Salad on Whole Wheat Bun Fruit Salad w/ Yogurt ▼	Pizza Slice ▼ Grilled Chicken on a Bun Tuna Salad on Whole Wheat Bun Western Salad
	Fruit	Warm Sliced Apples w/ Cinnamon Fresh Banana ▼ Tossed Salad ▼ Baked Potato Puffs ▼	Pineapple Chunks ▼ Fresh Grapes ▼ Tossed Salad ▼ Black Bean Salad ▼	Applesauce w/Cinnamon ▼ Fresh Orange ▼ Tossed Salad ▼ Sliced Cucumbers ▼	Sliced Peaches ▼ Fresh Apple ▼ Tossed Salad ▼ Herbed Wild Rice ▼	Mixed Fruit ▼ Fresh Pear ▼ Tossed Salad ▼ Carrot Sticks ▼
	Veg					
	WEEK 5					
	WEEK 6					
WEEK 5	Entrée (Bread/ Protein)	A Cheese Breadsticks w/ Marinara Sauce ▼ B Cheeseburger on a Whole Wheat Bun C Yogurt Bites (4 oz Yogurt, String Cheese, Animal Crackers, Grapes) ▼ E Tuna Salad Platter	Mandarin Orange Chicken w/ Rice Cheeseburger on a Whole Wheat Bun Yogurt Bites (4 oz Yogurt, String Cheese, Animal Crackers, Grapes) ▼ Garden Salad ▼	Sloppy Joe on a Bun Cheeseburger on a Whole Wheat Bun Yogurt Bites (4 oz Yogurt, String Cheese, Animal Crackers, Grapes) ▼ Chicken Caesar Salad	Turkey Sub w/ Lettuce & Tomato Cheeseburger on a Whole Wheat Bun Yogurt Bites (4 oz Yogurt, String Cheese, Animal Crackers, Grapes) ▼ Fruit Salad w/ Yogurt ▼	Pepperoni Pizza Cheeseburger on a Whole Wheat Bun Yogurt Bites (4 oz Yogurt, String Cheese, Animal Crackers, Grapes) ▼ Western Salad
	Fruit	Mandarin Oranges ▼ Fresh Apple ▼ Tossed Salad ▼ Carrot Coins ▼	Sliced Peaches ▼ Fresh Orange ▼ Tossed Salad ▼ Peas ▼	Sliced Pears ▼ Fresh Grapes ▼ Tossed Salad ▼ Baked French Fries ▼	Pineapple Chunks ▼ Fresh Pear ▼ Tossed Salad ▼ Carrot/Celery Sticks ▼	Mixed Fruit ▼ Fresh Tangerine ▼ Tossed Salad ▼ Peas & Carrots
	Veg					
	WEEK 6					
	WEEK 6					
WEEK 6	Entrée (Bread/ Protein)	A Lasagna Roll-ups w/ Spaghetti Sauce ▼ B Chicken Patty on a Bun C Turkey Ham & Cheese on a Bun E Tuna Salad Platter	Soft Beef Taco w/ Shredded Cheese, Tomato, Lettuce, Salsa Chicken Patty on a Bun Turkey Ham & Cheese on a Bun Garden Salad ▼	Breakfast Sandwich (Ham, Egg, Cheese on an English Muffin) Chicken Patty on a Bun Turkey Ham & Cheese on a Bun Fruit Salad w/ Yogurt ▼	Baked Potato Bar w/ Broccoli & Cheese ▼ Chicken Patty on a Bun Turkey Ham & Cheese on a Bun Chicken Caesar Salad	Individual Round Pizza ▼ Chicken Patty on a Bun Turkey Ham & Cheese on a Bun Western Salad
	Fruit	Mandarin Oranges ▼ Fresh Apple ▼ Tossed Salad ▼ Fresh Baby Carrots ▼	Apple Slices ▼ Fresh Orange Smiles ▼ Tossed Salad ▼ Corn ▼	Sliced Peaches ▼ Mango ▼ Tossed Salad ▼ Cucumber Slices ▼	Pineapple Chunks ▼ Fresh Grapes ▼ Tossed Salad ▼ Baked Beans ▼	Mixed Fruit ▼ Fresh Pear ▼ Tossed Salad ▼ Broccoli w/ Dip ▼
	Veg					
	WEEK 6					
	WEEK 6					

MILK AVAILABLE WITH EACH MEAL: White, 2%, Skim and 2% Chocolate



REDUCING OUR FOOTPRINT ON THE ENVIRONMENT

