



BaggataGirls Lacrosse

www.bagatagirlslacrosse.com

"Spring Break Clinics"

For Girls in Grades K-8

Tuesday, March 31st to Friday, April 3rd

YSC Sports

224 County Line Road, Wayne, PA 19087

<http://yscsports.com/>

Teaching FUNdamentals (with a Flair)

The BaggataGirls™ "Spring Break" Clinic will take place on the turf at YSC Sports in Wayne from Tuesday, March 31st through Friday, April 3rd. We have sessions scheduled for girls in Grades K-2, 3-4, 5-6 and 7-8. You can attend all four sessions if your schedule permits (or come on a per diem basis).

BaggataGirls™ Lacrosse teaches the skills of lacrosse using novel drills, concepts and language players can understand, relate to and retain – all in a high energy and supportive setting. The focus is on FUNdamentals, but with a Flair... We stress traditional staples but explore what is possible with the stick and a ball.

- BaggataGirls™ training transfers knowledge, maximizes touches and develops motor coordination.
- Our methods will help players thrive in the style of play that has emerged in girls' lacrosse.
- Our goal, in a condensed time frame, is to help the girls advance at an accelerated rate.
- We teach ambidexterity. We set our expectations high.

We aim to increase each BaggataGirl's lacrosse IQ and overall comfort level playing America's native game, which our North American forebears called "Baggataway."

This is not a cookie cutter curriculum. BaggataGirls™ training has been honed over years of collective experience by highly respected and caring parents and coaches – all of whom have played and coached at the highest level. And we have seen the results.

We know what you want to see as a parent – joy, smiles, passion, teamwork, effort, improvement, confidence and success. We have crafted the program with these things in mind. We look forward to sharing our love and passion for lacrosse with your daughters and fostering a desire in them to continue playing the game at a higher level.

Experience is the best teacher...

For more information or to register, please visit <http://www.bagatagirlslacrosse.com/>.